

DHA is an important Omega-3 fatty acid. This premium quality vegetarian formulation utilizes a trademarked, DHA-rich algal oil.

Carefully Manufactured for:  
Solgar, Inc.  
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# NATURAL OMEGA-3 VEGETARIAN DHA 100 MG

GLUTEN, WHEAT & DAIRY FREE

SUITABLE FOR VEGETARIANS

60 VEGETARIAN SOFTGELS

DIETARY SUPPLEMENT

## Supplement Facts

Serving Size: 1 Softgel

### Amount Per Serving

Docosahexaenoic Acid 100 mg\*  
(DHA) (from 300 mg of a DHA rich oil  
derived from a plant based algae)

\*Daily Value not established

Other Ingredients: Corn Starch, Vegetable Glycerin, Carrageenan, Sunflower Oil, Sorbitol, Ascorbyl Palmitate, Mixed Tocopherols, Rosemary Extract, Sunflower Lecithin, Beta-Carotene, Caramel.

**FREE OF: Gluten, Wheat, Dairy, Yeast, Sugar, Sodium, Artificial Flavor and Preservatives.**

**SUGGESTED USE:** As a dietary supplement for adults, take one (1) vegetarian softgel one to two times daily, preferably at meal-time, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing, torn or damaged in any way.



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