

L-Cysteine is a sulfur-containing amino acid that helps synthesize keratin, a protein found in skin, hair and nails. It is also a precursor to L-Glutathione, a tripeptide involved in one of the body's detoxification systems. This product provides Free Form L-Cysteine to promote optimal absorption and assimilation.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured by:  
Solgar, Inc., 500 Willow Tree Road  
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**SOLGB70960 01B**



# L-CYSTEINE 500 MG

## FREE FORM

GLUTEN, WHEAT & DAIRY FREE  
SUITABLE FOR VEGETARIANS



**30 VEGETABLE CAPSULES**

DIETARY SUPPLEMENT

## Supplement Facts

Serving Size: 1 Vegetable Capsule

### Amount Per Serving

|                     |          |
|---------------------|----------|
| L-Cysteine          | 500 mg** |
| (as L-cysteine HCl) |          |
| (Free Form)         |          |

**\*\*Daily Value not established**

Other Ingredients: Vegetable Cellulose,  
Vegetable Magnesium Stearate, Silica,  
Microcrystalline Cellulose.

**FREE OF: Gluten, Wheat, Dairy,  
Soy, Yeast, Sugar, Sodium,  
Artificial Flavor, Sweetener,  
Preservatives and Color.**

**SUGGESTED USE:** As a dietary supplement for adults, take one (1) vegetable capsule twice daily, between meals or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

Solgar's KOF-K certification #K-1250

