

Alpha Lipoic Acid is one of the most powerful antioxidants. It is referred to as the universal antioxidant because it is water and fat soluble, enabling it to function in both the membrane and aqueous parts of cells. Alpha Lipoic Acid supports the regeneration of glutathione, one of the body's primary antioxidants, and helps to recycle glutathione, Vitamins C and E, and Coenzyme Q10.*

Carefully Manufactured by:
Solgar, Inc.
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SOLGB70055 01B

Since 1947
**ALPHA
LIPOIC ACID
60 MG**

ANTIOXIDANT PROTECTION*

GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGETARIANS



60 VEGETABLE CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Vegetable Capsule

Amount Per Serving

Alpha Lipoic Acid **60 mg****

****Daily Value not established**

Other Ingredients: Microcrystalline Cellulose,
Vegetable Cellulose, Vegetable Magnesium
Stearate.

**FREE OF: Gluten, Wheat, Dairy, Soy,
Yeast, Sugar, Sodium, Artificial Flavor,
Sweetener, Preservatives and Color.**

SUGGESTED USE: As a dietary supplement for adults, take one (1) to two (2) vegetable capsules daily, preferably at mealtimes, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement. Keep out of reach of children. Store in a cool, dry place. Do not use if outer bottle seal is missing, torn or damaged in any way.

Solgar's KOF-K certification #K-1250

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

