

TABLET SIZE

7 33739 01462 7

CODE 1462B V3

Caution: For adults only. Consult physician if pregnant/nursing, taking any medications (especially those that may affect kidney function or blood potassium levels), or have a medical condition (especially heart/kidney condition or diabetes). Keep out of reach of children.

SUGGESTED USAGE: Take 1 tablet 1 to 5 times daily in separate servings. Take with food and at least 8 oz. of water or other beverage.

Potassium is an essential mineral that is widely distributed among food sources, with especially high levels present in fruits and vegetables. Potassium is critical for the maintenance of normal whole-body and cellular fluid levels, as well as for the maintenance of acid-base balance.* It is also necessary for proper muscle contraction, including the maintenance of a healthy heartbeat and for the transmission of nerve impulses.* Because food processing reduces the levels of naturally occurring nutrients in foods and typically high dietary sodium intake, supplementation may be necessary to ensure adequate intake.*



Potassium Gluconate

ESSENTIAL MINERAL

99 mg

- Supports Electrolyte Balance & Normal pH*
- Proper Muscular Contraction*
- Easier to Swallow Tablet

250 Tablets

A Dietary Supplement Vegetarian/Vegan



Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Potassium (from Potassium Gluconate)	99 mg	3%

Other ingredients: Cellulose, Stearic Acid (vegetable source), Silica and Magnesium Stearate (vegetable source).

NOW FOODS

395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
www.nowfoods.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening. Please Recycle.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

