CODE 1269B V6

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SUGGESTED USAGE: Shake well. Take 1 tablespoon 1 to 2 times daily. Can be taken undiluted, or mixed with water or juice.

SHAKE VIGOROUSLY BEFORE USE.
REFRIGERATE AFTER OPENING TO

Calcium is an important mineral best known for its role in the formation of bone and teeth.* Magnesium is another key mineral that plays a complementary role in bone formation. In addition, Vitamin D has been included in this product because it plays an essential role in bone metabolism.*

Calcium also serves as an integral cofactor in numerous biochemical reactions and Magnesium is known to be involved in more than 300 metabolic reactions. In addition, Magnesium and Calcium work together in several physiological systems, providing support for the maintenance of healthy cardiovascular function as well as for healthy muscle function."

Note: This is a thick liquid due to the concentrated levels of the superior Calcium and Magnesium Citrate forms. Caution: For adults only. Consult physician if pregnanthursing, taking medication, or have a medical condition. Keep out of reach of children.

Contains Xylitol, do not feed to pets.



Liquid Cal-Mag

SUPPORTS BONE HEALTH*

- Superior Citrate Forms
- With Vitamin D

Blueberry Flavor
Net 16 fl. oz. (473 mL)

A Dietary Supplement Vegetarian/Vegan

Supplement Facts

Serving Size 1 Tablespoon (15 mL) Servings Per Container about 32

Servings Per Container about 32		
	Amount Per Serving	% Daily Value
Calories	40	
Total Carbohydrate	9 g	3%*
Xylitol	2 g	+
Vitamin D (as Ergocalciferol)	400 IU	100%
Calcium (from Calcium Citrate)	500 mg	50%
Magnesium (from Magnesium Citrate) 250 mg	63%

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: De-ionized Water, Vegetable Glycerin

Malic Acid, Xanthan Gum, Potassium Sorbate (as preservative), Natural Blueberry Flavor and Grape Skin Extract. Contains soy.

NOW FOODS 395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA

www.nowfoods.com

Not manufactured with wheat, gluten, milk, egg, fish or shell

fish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

*These statements have not been evaluated by the Food.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



