

Niacin (Vitamin B3), is a water-soluble vitamin and is part of the B Complex. It is required for the metabolism of carbohydrates and protein into energy. Niacin also supports cardiovascular health, promotes increased blood flow, and supports the health of the nervous system.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured by:
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SOLGB71850 00B

Since 1947
NIACIN
(VITAMIN B 3)
500 MG

CARDIOVASCULAR SUPPORT*
PROMOTES ENERGY METABOLISM*

GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGETARIANS



100 VEGETABLE CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Vegetable Capsule

Amount Per Serving	%DV
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Niacin	500 mg	2500%
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DV = Daily Value

Other Ingredients: Vegetable Cellulose,
Vegetable Magnesium Stearate.

**FREE OF: Gluten, Wheat, Dairy, Soy,
Yeast, Sugar, Sodium, Artificial Flavor,
Sweetener, Preservatives and Color.**

SUGGESTED USE: As a dietary supplement for adults, take one (1) vegetable capsule daily, preferably at mealtime, or as directed by a healthcare practitioner.

NOTICE: Use of this product may cause skin flushing, burning, itching, or rash. Do not take on an empty stomach.

Not intended for use by pregnant and nursing women. If you are taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement. Keep out of reach of children. Store in a cool, dry place. Do not use if outer bottle seal is missing, torn or damaged in any way.

CAUTION: FOLLOW LABEL DIRECTIONS. Do not take more than 500 mg of niacin per day or switch to more than 250 mg of sustained release niacin per day, except under supervision of a physician.

Solgar's KOF-K certification #K-1250

