

CAPSULE SIZE



CODE 0142B V5

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.
Do Not Eat Freshness Packet. Keep in Bottle.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USAGE: Take 1 capsule 1 to 2 times daily with juice or water, preferably between meals.
Taurine is a conditionally essential amino acid which is not utilized for protein synthesis, but is mainly found free in most tissues, especially throughout the nervous system.* It functions in tissues by stabilizing cell membranes, aiding the transport of potassium, sodium, calcium and magnesium in and out of cells.* Taurine helps to generate and regulate nerve impulses and aids in the maintenance of fluid balance; it is also used by the body in visual pathways, as well as in the brain and nervous system, where it works together with glycine and GABA as a neurotransmitter.*



Double Strength Taurine

NERVOUS SYSTEM HEALTH*

1000 mg

• Healthy Visual Function*
100 Veg Capsules

A Dietary Supplement
Vegetarian/Vegan



Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

Taurine (Free-Form)	1 g (1,000 mg)*
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* Daily Value not established.

Other ingredients: Cellulose (capsule) and Stearic Acid (vegetable source).

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA www.nowfoods.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product has twice the Taurine (1,000 mg) as in our regular strength product (500 mg).

Store in a cool, dry place after opening.

Please Recycle.