

Composed of a balanced blend of essential B Vitamins, Action B-50 is a complex created to support energy production.**

** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG
YES CERTIFIED VEGAN BY THE AVA
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS WIND POWER
YES KOSHER

NO YEAST, WHEAT OR SOY
NO MILK, SALT OR SUGAR
NO PRESERVATIVES
NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS

This product has been manufactured at a GMP Registered facility.

Lot No:

Best by:



ACTION B-50 CAPS

Balanced B Complex

Certified Gluten-Free

- Supports energy**
- High potency dose

Dietary Supplement **100** Vegan Capsules

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take one (1) capsule daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 capsule

Amount Per Serving		% Daily Value
Thiamin (vitamin B1) (as thiamine hydrochloride)	50 mg	3,333%
Riboflavin (vitamin B2)	50 mg	2,941%
Niacin (as niacinamide)	50 mg	250%
Vitamin B6 (as pyridoxine hydrochloride)	50 mg	2,500%
Folic Acid	100 mcg	25%
Vitamin B12 (as cyanocobalamin)	50 mcg	833%
Biotin (as d-Biotin)	50 mcg	17%
Pantothenic Acid (as calcium d-pantothenate)	50 mg	500%
Inositol	50 mg	*
Choline (from 50 mg of choline bitartrate)	23 mg	*

* Daily Value not established.

Other Ingredients: Cellulose (capsule shell), cellulose, magnesium stearate, calcium silicate, silica. **CAUTION:** If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.

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