

Composed of a blend of essential B Vitamins, Basic-B Caps is a complex created to support energy production.**

** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG	NO YEAST, WHEAT OR CORN
YES CERTIFIED VEGETARIAN BY THE AVA	NO SOY, MILK OR SALT
YES RECYCLABLE PACKAGING	NO SUGAR OR PRESERVATIVES
YES MANUFACTURING SUPPORTS WIND POWER	NO ARTIFICIAL COLORS,
YES KOSHER	FLAVORS OR SWEETENERS

This product has been manufactured at a GMP Registered facility.
Do not accept if seal is broken. Store between 59°-86° F.
Keep out of the reach of children.

Lot No:

Best by:



K

Dietary
Supplement

90 Vegetarian
Capsules

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

ESTABLISHED
— 1971 —
**Country®
Life**

BASIC-B CAPS

Certified Gluten-Free

- Supports energy**
- Supports adrenal health**
- Moderate dose

Directions: Adults take one (1) capsule daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 capsule

Amount Per Serving	% Daily Value	
Thiamin (vitamin B1) (as thiamine hydrochloride)	25 mg	1,667%
Riboflavin (vitamin B2)	25 mg	1,471%
Niacin (as niacinamide)	25 mg	125%
Vitamin B6 (as pyridoxine hydrochloride)	25 mg	1,250%
Folic Acid	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	50 mcg	833%
Biotin (as d-Biotin)	300 mcg	100%
Pantothenic Acid (as calcium d-pantothenate)	50 mg	500%
Inositol	25 mg	*
PABA (para-aminobenzoic acid)	25 mg	*
Choline (from 25 mg of choline bitartrate)	11 mg	*

* Daily Value not established

Other Ingredients: Cellulose, cellulose (capsule shell), silica, magnesium stearate.

CAUTION: If you are pregnant or nursing, taking medication, or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Manufactured by Country Life, LLC
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