

Inositol powder, as with all Country Life products, is certified gluten-free.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG	NO YEAST, WHEAT OR SOY
YES CERTIFIED VEGAN BY THE AVA	NO MILK, SALT OR SUGAR
YES RECYCLABLE PACKAGING	NO PRESERVATIVES
YES MANUFACTURING SUPPORTS	NO ARTIFICIAL COLORS,
WIND POWER	FLAVORS OR SWEETENERS
YES KOSHER	NO MAGNESIUM STEARATE

This product has been manufactured at a GMP Registered facility.

Lot No:

Best by:



INOSITOL POWDER

Certified Gluten-Free

Dietary Supplement **POWDER** — Our PLEDGE of INTEGRITY —
NET WT. 4 OZ. (113g) AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take 1/4 (550 mg) to 1/2 (1,100 mg) teaspoon. May be mixed with water, fruit juice or sprinkled on food. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1/2 teaspoon (1.1 g)

Servings Per Container About 102

Amount Per Serving	% Daily Value
Inositol	1,100 mg (1.1 g) *

* Daily Value not established.

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Do not accept if seal is broken.
Store between 59°-86° F.
Keep out of the reach of children.

Manufactured by Country Life, LLC
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CountryLifeVitamins.com
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