

Inositol powder, as with all Country Life products, is certified gluten-free.

YES	CERTIFIED GLUTEN-FREE BY GFCO.ORG	NO	YEAST, WHEAT OR SOY
YES	CERTIFIED VEGAN BY THE AVA	NO	MILK, SALT OR SUGAR
YES	RECYCLABLE PACKAGING	NO	PRESERVATIVES
YES	MANUFACTURING SUPPORTS	NO	ARTIFICIAL COLORS, FLAVORS OR SWEETENERS
YES	WIND POWER	NO	MAGNESIUM STEARATE
YES	KOSHER		

This product has been manufactured at a GMP Registered facility.

Lot No:

Best by:



INOSITOL POWDER

Certified Gluten-Free

Dietary
Supplement

POWDER
NET WT. 2 OZ. (56 g)

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take 1/4 (550 mg) to 1/2 (1,100 mg) teaspoon. May be mixed with water, fruit juice or sprinkled on food. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1/2 teaspoon (1.1 g)

Servings Per Container About 50

Amount Per Serving	% Daily Value
Inositol	1,100 mg (1.1 g) *

* Daily Value not established.

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Do not accept if seal is broken.
Store between 59°-86° F.
Keep out of the reach of children.

Manufactured by Country Life, LLC
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CountryLifeVitamins.com
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