

Vitamin B12 with Folic Acid helps convert carbohydrates, fats and proteins into energy.* B12 is essential for the production of red blood cells, which help to deliver oxygen to the body.* B12 also supports cardiovascular health.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG	NO YEAST OR WHEAT
YES CERTIFIED VEGAN BY THE AVA	NO SOY OR MILK
YES RECYCLABLE PACKAGING	NO SALT
YES MANUFACTURING SUPPORTS WIND POWER	NO PRESERVATIVES
YES KOSHER PARVE	NO ARTIFICIAL COLORS

This product has been manufactured at a GMP Registered facility.

Lot No:

Best by:



Dietary
Supplement

100 Lozenges

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY



• SUBLINGUAL •

**VITAMIN
B12**

with Folic Acid

500 mcg

Certified Gluten-Free

Supports energy*



Directions: Adults take one (1) lozenge daily. Place tablet under tongue 30 seconds before swallowing. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 lozenge

Amount Per Serving	% Daily Value	
Folic Acid	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	500 mcg	8,333%

Other Ingredients: Sorbitol, dark sweet cherry fruit powder, stearic acid, cellulose, silica, magnesium stearate.

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.

Manufactured by Country Life, LLC
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CountryLifeVitamins.com
Product No. 6295