

Capture the RAW Power of the Sun!

- RAW Energy¹
- Healthy Digestion¹
- Healthy Metabolism¹
- Alkalizing and Detoxifying¹
- Healthy Blood Sugar Levels^{2,3}
- Immune Support¹

Capture the power of the sun with **Perfect Food® RAW**. Packed with the energizing power of 34 nutrient-dense, RAW, organic greens, sprouts and vegetable juices, **Perfect Food® RAW** provides foundational nutrition your body craves to support healthy digestion, detoxification, a healthy immune system, already healthy blood sugar levels and metabolism.^{1,2}

Perfect Food® RAW is a RAW, organic, whole food nutrition supplement providing naturally occurring chlorophyll, antioxidants, enzymes, amino acids, essential fatty acids and dozens of phytonutrients. Bursting with prebiotics, probiotics and enzymes to support healthy digestion and nutrient absorption,¹ **Perfect Food® RAW** is the convenient and delicious way to get your veggie juice every day.

Perfect Food® RAW Puts the GREEN in Greens

Young cereal grass juices such as Barley, Alfalfa, Oat, Wheat and Kamut are some of the most nutrient-dense foods on the planet. Our **CERTIFIED ORGANIC** greens are sustainably grown by our family farmers here in the USA. We harvest before the grain buds (to prevent gluten from forming) and then juice at the farm immediately after harvest. Our juice is gently low temperature dried and powdered onsite locking in its nutritionally dense, organic goodness. The end result is highly bioavailable and many times more concentrated in nutrients, including Chlorophyll, than whole leaf grass powders, putting the **GREEN** in YOUR GREENS!¹

Delicious Real RAW Organic Apple Taste

- RAW • Vegan • Certified Organic • Dairy Free • Soy Free
- Live Probiotics and Enzymes • No Whole Grass Fillers
- No Added Sugars • No Artificial Flavors or Sweeteners
- No Preservatives

For more information visit us at
www.PerfectFoodRAW.com

Distributed by Garden of Life LLC
1330 Village Road, Westborough, MA 01581 USA
Made in the U.S.A. www.gardenoflife.com

Certified Organic by QAI

¹ Already in the normal range.

² These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Perfect Food® RAW

RAW Organic Green Super Food

Freshly Juiced Greens—Six Times More Concentrated than Whole Leaf Grass Powders

Contributes 34 Nutrient-Dense Greens, Sprouts, and Veggies to Your Daily Diet

Deliciously Refreshing RAW Organic Apple Taste

Natural Energy • Healthy Detoxification • Balanced Alkalinity¹



NET WT 7.9 OZ (224 g) RAW Whole Food Dietary Supplement

Suggested Use: Adults mix 1 level scoop in 8 ounces of water or juice one or more times daily (scoop included). Children over 4 years old may take 1/4 to 1/2 serving daily. Shake well before use. Packaged by weight not volume. Settling may occur.

Supplement Facts

Serving Size 1 Level Scoop (8 g)
Servings Per Container Approximately 30

Amount Per Serving	% Daily Value
Calories 25	
Total Carbohydrate 4 g	1%
Dietary Fiber 1 g	4%
Sugars 2 g	4%
Protein 2 g	4%
Vitamin A** (as Beta Carotene) 180 IU	4%
Vitamin C** 18 mg	30%
Thiamin** 130 mg	10%
Vitamin B6** 1 mg	6%
Calcium** 75 mg	8%
Iron** 2 mg	12%
Magnesium** 25 mg	6%
Chromium** 180 mcg	100%
Potassium** 450 mg	8%

RAW Organic U.S.A. Farmed Green Juice Blend 3.2 g

Organic Barley Grass Juice, Organic Alfalfa Grass Juice, Organic Wheat Grass Juice, Organic Oat Grass Juice, Organic Kamut Grass Juice

RAW Organic Fruit & Veggie Juice Antioxidant Blend 2.4 g

Organic Apple (Fruit), Organic Beet (Root), Organic Carrot (Root), Organic Spinach (Leaf), Organic Broccoli (Flower & Stem), Organic Tomato (Fruit), Organic Kale (Leaf), Organic Red Cabbage (Leaf), Organic Parsley (Leaf), Organic Brussels Sprout (Leaf), Organic Green Bell Pepper (Fruit), Organic Cucumber (Gourd), Organic Celery (Stalk), Organic Garlic (Bulb), Organic Ginger (Root), Organic Green Onion (Bulb), Organic Cauliflower (Flower & Stem), Organic Asparagus (Flower & Stem)

RAW Organic Sprout Blend 1 g

Organic Flax Seed (Seed), Organic Amaranth Sprout, Organic Quinoa Sprout, Organic Millet Sprout, Organic Lentil Sprout, Organic Sunflower Seed Sprout, Organic Pumpkin Seed Sprout, Organic Chia Seed Sprout, Organic Sesame Seed Sprout

RAW Probiotic & Enzyme Blend 100 mg

Saccharomyces boulardii, Amylase, Proteases, Lactase, Glucosaminase, alpha-Galactosidase, Lipase, Pectinase, Papainase, Bromelain, Phytase, Hemicellulase, beta-Glucuronase, Papsin, Neutral Bacterial Protease, Cellulase, Xylanase, Diastase, Invertase

¹ Percent Daily Values are based on a 2,000 calorie diet.
² Daily Value not established.

Other ingredients: P.O.P. natural apple flavor, RAW organic stevia (leaf). Contains: Wheat Grass. Contains no silver, iron, niacin, artificial colors, flavors, sweeteners or preservatives. Store in a cool, dry place. Do not use if safety seal is broken or missing. Keep out of reach of children.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

³ Naturally Occurring Vitamins and Minerals

⁴ To learn more about the RAW Food-Created Nutrients™ used exclusively by Garden of Life, go to www.GardenofLife.com

