

Doctor's Best Instantized BCAA Powder contains a blend of L-Leucine, L-Isoleucine and L-Valine, which are essential amino acids that the body cannot synthesize on its own and therefore must get through dietary sources.*

BCAAs, unlike most other amino acids, are metabolized within muscle tissue, allowing them to be used as energy by muscle cells to produce cellular energy in the form of ATP.*

Helps stimulate muscle growth*

Helps prevent muscle breakdown*

Helps prevent exercise-induced fatigue*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



YD08380-1



**Doctor's
BEST®**

**Science-Based
Nutrition™**

**Dietary
Supplement**

Instantized BCAA

Branched Chain Amino Acids Powder

**HELPS STIMULATE MUSCLE GROWTH
& PREVENT MUSCLE BREAKDOWN***

10.6 oz. (300 grams)

Supplement Facts

Serving Size 1 scoop (5 grams)

Servings per container 60 servings

	Amount per serving	% Daily Value
L-Leucine	2.5 g	†
L-Isoleucine	1.25 g	†
L-Valine	1.25 g	†

† Daily Value not established.

Other Ingredients: Soy lecithin.

Suggested Adult Use: Dissolve 1 scoop of powder in a small amount of water or juice. Add an additional 6 - 8 oz. of liquid, mix well, and drink before exercise. Repeat after exercise, or before bed, or as recommended by a nutritionally-informed physician.

Contains Soy

Non-GMO and Gluten Free

Store in a cool dry place.

NOTE: Some settling of contents may occur, affecting number of servings.

Manufactured for **Doctor's Best, Inc.**

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