

**DGC™** is a breakthrough high-performance supplement that delivers you a precision carbohydrate, electrolyte, vitamin and mineral matrix that ensures a higher and faster rate of carbohydrate transport and energy utilization during exercise. By incorporating three separate carbohydrate transport mechanisms (SGLT1 transporter, GLUT-5 transporter, and the monosaccharide transport system), **DGC™** delivers more energy to your working muscles<sup>1,2,3,4</sup> to fuel ultra-intense workouts, provide rapid whole body and muscle cell hydration<sup>5</sup> and support key anabolic activities for maximum muscular performance. And new **DGC™** delivers this energy to your muscles faster than conventional carb sources while preserving and restoring ever critical muscle glycogen levels!<sup>6†</sup> **DGC™** is an innovative performance supplement that will add a new dimension to your training to fuel muscle growth, strength and endurance.

**Recommended Use:** Take 1 scoop mixed in 8 to 16 ounces of your favorite cold liquid. For best results take **DGC™** before, during, and after training or athletic event. **DGC™** can be added to **VP2®** Whey Isolate to create a high energy protein source to produce even greater protein synthesis. **DGC™** is slightly sweet but tasteless so it can be easily mixed in water, juices or even sports drinks for a rapid and efficient energizing effect allowing you to train and compete harder and maintain peak performance levels for longer periods of time. †

**References:** 1. Physiol. Rev. 77:257-302, 1997. 2. J. Biol. Chem. 267:14523-14526, 1992 3. J. Physiol. 267:237-248, 1977 4. J. Appl. Physiol. 96:1285-1291, 2004 5. Med. Sci. Sports 27:1607-1615, 1995 6. Med Sci Sports Exerc 36, 2004

†These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



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**AST Sports Science**  
120 Capital Drive,  
Golden, CO 80401  
1-800-627-2788  
www.ast-ss.com  
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# AST SPORTS SCIENCE

**HYDRATION • ENERGY • ENDURANCE**

# DGC™



**DELIVERS MORE ENERGY TO WORKING MUSCLES FASTER!**

Dietary Supplement  
Net wt: 1029 grams (2.26 lbs)

## Supplement Facts

Serving Size: **49 grams** (1 Scoop)  
Servings Per Container: **21**

| Each Serving of <b>DGC™</b> Contains:                |             | **%DV      |
|------------------------------------------------------|-------------|------------|
| <b>Calories</b>                                      | <b>180</b>  |            |
| Calories from fat                                    | 0 g         |            |
| <b>Total fat</b>                                     | <b>0 g</b>  | <b>0%</b>  |
| Saturated fat                                        | 0 g         | 0%         |
| Trans fat                                            | 0 g         | *          |
| <b>Cholesterol</b>                                   | <b>0 mg</b> | <b>0%</b>  |
| <b>Total carbohydrates</b>                           | <b>46 g</b> | <b>15%</b> |
| Dietary fiber                                        | 0 g         | 0%         |
| Sugars                                               | 46 g        | *          |
| <b>Protein</b>                                       | <b>0 g</b>  | <b>0%</b>  |
| Vitamin C (as ascorbic acid)                         | 60 mg       | 100%       |
| Thiamin (as thiamin mononitrate)                     | 1 mg        | 67%        |
| Riboflavin                                           | 1 mg        | 59%        |
| Niacin (as niacinamide)                              | 5 mg        | 25%        |
| Vitamin B6 (as pyridoxine hydrochloride)             | 1 mg        | 50%        |
| Vitamin B12 (as cyanocobalamin)                      | 1 mcg       | 17%        |
| Biotin                                               | 10 mcg      | 3%         |
| Pantothenic acid (as d-calcium pantothenate)         | 3 mg        | 30%        |
| Calcium (as calcium carbonate)                       | 100 mg      | 10%        |
| Phosphorus (as monosodium & monopotassium phosphate) | 65 mg       | 7%         |
| Magnesium (as magnesium oxide)                       | 150 mg      | 38%        |
| Sodium (as sodium chloride & monosodium phosphate)   | 70 mg       | 3%         |
| Potassium (as monopotassium phosphate)               | 45 mg       | 1%         |

\*Daily Value not established. \*\*Percent Daily Values (%DV) are based on a 2000 calorie diet.

**Ingredients:** Dextrorotatory Glucose Crystals, Fructose, Sucrose, Calcium carbonate, Magnesium oxide, Monopotassium phosphate, Monosodium phosphate, Sodium chloride, Ascorbic acid, Niacinamide, d-Calcium pantothenate, Thiamin mononitrate, Pyridoxine hydrochloride, Riboflavin, Biotin, Cyanocobalamin.