

URSO-X™ is a powerful new supplement containing the unique all-natural compound Ursolic Acid that has been shown in scientific studies to increase lean muscle mass and reduce body fat. †

URSO-X™ works by enhancing lean muscle insulin/IGF-I signaling and inhibiting catabolic lean muscle mRNA expression - this triggers muscle growth and inhibits catabolic activity. Along with these anabolic and anti-catabolic effects, **URSO-X™** also has a significant effect on reducing bodyfat.†

URSO-X™ is a new state-of-the-art natural anabolic/anti-catabolic substrate designed to help you build muscle and decrease body fat faster. †

1. Cell Metab. 2011 Jun 8;13(6):627-38.

† These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

WARNING: This product contains chemicals known to the State of California to cause cancer and birth defects or other reproductive harm.

AST Sports Science

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1-800-627-2788 • www.ast-ss.com
Rev# URSOX614



AST SPORTS SCIENCE

**LEAN MUSCLE • STRENGTH
BURN FAT**

BIOACTIVE
URSO-X™

AST
SPORTS SCIENCE

600mg
Per Serving

90
Total
Servings

25%
Bio-Active
Ursolic
Acid

**HIGH-PERFORMANCE
URSOLIC ACID**

Dietary Supplement 180 Capsules
Net wt: 300 mg (0.01 oz)

NEW!

Supplement Facts

Serving Size: **2 capsules.**
Servings Per Container: **90**

	Amount Per Serving	%DV**
Rosemary Extract (<i>Rosmarinus officinalis</i>) (leaf) containing 25% Ursolic Acid	600 mg	*

*Daily Value not established. **% Daily Value

Other Ingredients: Gelatin, microcrystalline cellulose, magnesium stearate, silicon dioxide, titanium dioxide, FD&C blue #1, FD&C red #3, FD&C red #40, FD&C yellow #6 and water.

Directions for use: Take two (2) capsules three (3) times daily with meals. Continue for 6-weeks followed by 2-weeks off. Repeat cycle.

For best results, follow a high-protein, low-fat diet and combine with a high-intensity training program.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store in a dry place and avoid excessive heat.

URSO-X™ is manufactured with the utmost care and highest standards in a NSF GMP certified facility.