

TWINLAB®

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MEGA GLUTAMINE FUEL®

ANTI-CATABOLIC AMINO ACID*

4[†]
GRAMS
PER DAY

RECOVERY*

DIETARY SUPPLEMENT 120 CAPSULES

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Supplement Facts

Serving Size 2 Capsules
Servings Per Container 60

Amount Per Serving	% DV	
Calories	10	
Calcium (as dicalcium phosphate)	82 mg	8%
Phosphorus (as dicalcium phosphate)	63 mg	6%
L-Glutamine	2 g	†

† Daily Value (DV) not established.

OTHER INGREDIENTS | Gelatin, magnesium silicate, cellulose, medium chain triglycerides, croscarmellose sodium.

DIRECTIONS | Take 2 capsules 1-2 times daily, preferably 2 capsules before exercise and another 2 capsules after workouts.

† Requires 2 servings per day.

WARNING | Do not use if pregnant or nursing. Consult a health care professional before use if you are taking any medication or have any medical condition. Not recommended for use by individuals under the age of 18 without parental permission. **KEEP OUT OF REACH OF CHILDREN**

FUEL FOR THE DRIVEN®

THE SCIENCE BEHIND THE SIZE

Twinlab Mega Glutamine Fuel delivers 2 g of pure L-Glutamine, the most abundant free amino known to support and help protect muscle tissue.*

Research shows that users of high quality L-Glutamine exhibited increased growth hormone release, enhanced muscle metabolism and anti-catabolic (muscle sparing) effects*

Lot code area, leave open.

www.twinlabfuel.com
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MANUFACTURED BY TWINLAB CORPORATION
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1-800-645-5626

BEST IF USED BY DATE SHOWN ON BOTTLE.
STORE IN A COOL, DRY PLACE.

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