www.ast-ss.com

CM750™ Creatine Caps from AST Sports Science delivers you an advanced micronized creatine formula in ultra-convenient. easy to take capsules. Creatine, a nitrogenous organic acid, is a component of skeletal muscle tissue and is phosphorylated to store energy used for muscular contraction. Creatine monohydrate has been shown in hundreds of scientific studies to help increase muscle size, strength and endurance.

CM750™ Creatine Caps allows you to get the power of research-proven muscle-building effects of micronized creatine without the inconvenience and time consuming task of mixing up a drink. Just take a few capsules at your convenience, quickly and easily, for powerful muscle-building effects. AST Sports Science brings you the purest, highest quality creatine in an advanced encapsulated micronized formula for pure muscle building power.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

AST Sports Science 120 Capital Drive, Golden, CO 80401 1-800-627-2788 • www.ast-ss.com REV# CM750-0711





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AST SPORTS SCIENCE

LEAN MASS • POWER • STRENGTH

MICRONIZED CREATINE

EASY-TO-SWALLOW CAPSULES



Dietary Supplement 500 Capsules Net wt: 750 mg

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Supplement Facts

Serving Size: 4 capsules Servings per container: 125

Amount per Serving: %DV*

Micronized Creatine Monohydrate 3 grams *Daily Value not established.

Other Ingredients May Contain: Gelatin Capsule. Magnesium Stearate, Silicon Dioxide, Rice Flour and Water

Not a significant source of fat, saturated fat, trans fat, cholesterol dietary fiber, vitamins A & C, calcium and iron.

Recommended Use: Take 4 capsules two to four times daily. For best results, take 30 minutes before and immediately after vour workout.



More Muscle Faster