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CLA (Conjugated Linoleic Acid) is a naturally occurring, unsaturated ("Good") fatty acid that is safe and side effect free. CLA 1000's unique "bioactive engineered lipid" profile has been shown in numerous research studies to promote favorable metabolic benefits. Taken daily, CLA 1000 supports positive metabolic activity ideal for those who are active, exercise regularly, follow a sensible diet and take the product consistently. †

Keep container tightly closed in a cool, dry and dark place. Keep out of the reach of children.

† These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

AST Sports Science

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BIOACTIVE ENGINEERED LIPID

CLATM
1000

CONJUGATED LINOLEIC ACID

Dietary Supplement

90 Softgel Capsules Net wt: 1000 mg (0.04 oz)

Supplement Facts

Serving Size: 3 Softgel Capsules
Servings per Container: 30

Each Serving of CLA 1000TM Contains: %DV

Calories	27	1.5%
Calories from fat	27	1.5%
Total Fat	3 g	4.5%
Trans Fat	0 g	

(Min 75% Conjugated Linoleic Acid) 2250 mg*

*Daily Value not established.
Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Gelatin, glycerin, purified water, carob.

Recommended Use: As a dietary supplement, take 1-2 softgels 2-3 times daily with meals.



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