

BCAA's - Branched Chain Amino Acids - are the 3 unique and essential amino acids **Leucine, Isoleucine** and **Valine**. These are naturally occurring molecules that your body uses to build lean muscle proteins. **BCAA's** are the only amino acids that are metabolized directly in muscle tissue and help to prevent muscle breakdown, promote muscle protein synthesis, provide fuel for muscular energy, speed muscle recovery, enhance endurance and support anabolic hormone production.

Each serving of **BCAA-6K™** delivers you 6000 milligrams of the highest quality branched chain amino acids in a extra-potent 4:1:1 ratio. **BCAA-6K™** is 200% higher in Leucine - the amino acid shown in research to amplify the muscle-building effects of protein, prevent muscle breakdown, elevate training performance and increase fat burning.

Take anytime, anywhere for rapid muscle uptake to enhance recovery and performance.†

AST Sports Science
120 Capital Drive, Golden, CO 80401
1-800-627-2788 • www.ast-ss.com REV#BCAA6K1114



HIGH
PERFORMANCE

BCAA-6K™

BRANCHED CHAIN AMINO ACIDS

• EXTRA-POTENT 4:1:1 BCAA RATIO • 200% MORE
LEUCINE • RESEARCH PROVEN • 6000 MG PER SERVING

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Supplement Facts

Serving Size: 4 tablets

Servings Per Container: 45

	Amount Per Serving	% Daily Value*
BCAA 4:1:1	6,000 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Microcrystalline Cellulose,
Magnesium Stearate, and Dextrin.

Recommended Use: Take 4 tablets twice daily. On
training days take one serving immediately before and
immediately after your workout.

Following this recommendation provides you with 12,000
milligrams of potent BCAAs with 8000 milligrams of Leucine.

For optimum results take High-Performance BCAA-6K™
with VP2 Whey Isolate or Raptor-HP.

GET IT NOW!

RAPTOR™
HP

Bioactive Hydrolyzed
Beef Peptides



EXTREME
MUSCLE
BUILDING
FORMULA