

AMERICAN HEALTH

Ester-C®

EFFERVESCENT

Take
Once a
Day!

1000mg

PLUS Electrolytes

Patented Vitamin C Formula

Advanced Active Immune System Support*

B Vitamins to Promote Energy Metabolism*

Natural Orange
FLAVOR PACKETS

100% VEGETARIAN • NO ARTIFICIAL SWEETENERS

DIETARY SUPPLEMENT

21 - 10 g (0.35 oz.) PACKETS NET WT. 210 g (6.75 oz.)

Directions: For adults, pour packet into 4-6 fl. oz. of water once daily. Stir or Shake.

Supplement Facts

Serving Size 1 Packet (10 g)	Servings Per Container 21	
Amount Per Serving	%Daily Value	
Calories	25	
Total Carbohydrate	6 g	2%**
Sugars	5 g	***
Vitamin A (as Beta-Carotene)	223 IU	4%
Vitamin C (as Ester-C® Calcium Ascorbate)	1,026 mg (1 g)	1,710%
Thiamin (Vitamin B-1) (as Thiamin Hydrochloride)	0.36 mg	25%
Riboflavin (Vitamin B-2)	0.43 mg	25%
Niacin (as Niacinamide)	5 mg	25%
Vitamin B-6 (as Pyridoxine Hydrochloride)	10 mg	500%
Folic Acid	12.5 mcg	3%
Vitamin B-12 (as Cyanocobalamin)	25 mcg	417%
Pantothenic Acid (as d-Calcium Pantothenate)	2.5 mg	25%
Calcium (as Ester-C® Calcium Ascorbate, Calcium Carbonate, Monocalcium Phosphate and Dicalcium Phosphate)	150 mg	15%
Phosphorus (as Potassium Phosphate and Sodium Phosphate)	150 mg	15%
Magnesium (as Magnesium Hydroxide and Magnesium Carbonate)	60 mg	15%
Zinc (as Zinc Ascorbate)	2 mg	13%
Manganese (as Manganese Gluconate)	0.5 mg	25%
Chromium (as Chromium Ascorbate)	5 mcg	4%
Chloride (as Sodium Chloride)	93 mg	3%
Sodium (as Sodium Phosphate, Sodium Chloride and Sodium Bicarbonate)	100 mg	4%
Potassium (as Potassium Phosphate and Potassium Bicarbonate)	280 mg	8%
Antioxidant Health Proprietary Blend	58 mg	***
Stevia Extract (Stevia rebaudiana) (leaf), Quercetin (Dimorphanandra mollis) (fruit), Alpha Lipoic Acid, Glycine, L-Aspartic Acid, N-Acetyl Cysteine		

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Fructose, Maltodextrin, Malic Acid, Citric Acid, Natural Orange Flavor, Silica, Microcrystalline Cellulose.

Ester-C® The Better Vitamin C®

Product No. 36748

The Ester-C® Difference:

Advanced Active Immune System Support*

Absorbs Into Your System and Stays There*

Once Daily

Patented Vitamin C Formula

Ester-C® Effervescent Vitamin C Packets offer powerful nutrition in a delicious, natural orange flavored formula. Just take one packet daily with 4-6 fl. oz. of water and you are good to go!

Patented Ester-C® increases levels of Vitamin C in the body - getting into white blood cells, an important part of your immune system.* And, because Ester-C® absorbs into your system and stays there... you get advanced active immune system support and potent antioxidant activity in a once daily 1,000 mg dose.*

Taken once a day, Ester-C® has your immune health covered.* It supports circulation, is beneficial to joints and connective tissues, helps reduce the premature aging of cells, and forms the basis for healthy hair, skin and nails.* Helping to neutralize free radicals, Ester-C® also aids in the nutritional absorption of iron and works with other nutrients to promote overall health.* Along with essential vitamins, such as B-6 and B-12 to promote energy metabolism and vital electrolytes to aid in metabolic hydration, Ester-C® Effervescent Formula has got you covered.* Now more than ever, trust your immune health to Ester-C®.*

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Soy, No Egg, No Starch, No Preservatives, No Artificial Flavor. Beta-Carotene Added For Color. Suitable for Vegetarians

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if packet is torn or open.

Ester-C®, Ester-C® and The Better Vitamin C® are licensed TMs of The Ester C Company. U.S. Pat. Nos. 6,197,813 and 6,878,744.

Carefully Manufactured for **AMERICAN HEALTH, INC.**
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*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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