

AMERICAN HEALTH®

Promotes Sugar
Metabolism*

Suitable For Vegetarians
See enclosed diet plan

AMERICAN HEALTH®

ORIGINAL
APPLE CIDER
VINEGAR DIET

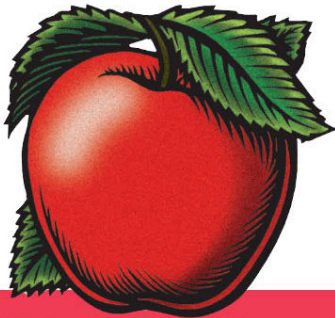
Part No. 22-36290

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APPLE CIDER
VINEGAR
DIET

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VINEGAR
DIET



Dietary Supplement
90 Coated Tablets



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B1241

Carefully Manufactured by
AMERICAN HEALTH, INC.
Ronkonkoma, NY 11779 U.S.A.
800-445-7137
Visit www.AmericanHealthUS.com
for our complete line of products
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Contains soy ingredients.

Magnesium Stearate.
Phosphate, Vegetable Stearic Acid, Silica, Vegetable

OTHER INGREDIENTS: Vegetable Cellulose, Dicalcium

Amount Per Serving	%Daily Value
10	
Total Carbohydrate	2 g 1%**
Dietary Fiber	<1 g 3%**
Vitamin B-6 (as Pyridoxine Hydrochloride)	25 mg 1250%
Calcium	123 mg 12%
Phosphorus	96 mg 10%
Chromium	200 mcg 167%
(as Chromium Amino Acid Chelate)	
Sodium	10 mg <1%
Apple Cider Vinegar Powder	900 mg ***
Apple Pectin (fruit)	150 mg ***
Gymnema (Gymnema sylvestre) (leaf)	600 mg ***
** Percent Daily Values are based on a 2,000 calorie diet.	
*** Daily Value not established.	

Supplement Facts

ORIGINAL
APPLE CIDER VINEGAR DIET

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Prod. No. 36290

*These statements have not been evaluated by the Food
and Drug Administration. This product is not intended to
diagnose, treat, cure or prevent any disease.

WARNING: Not intended for use by pregnant or nursing
women. If you are taking any medications, consult your
doctor before use. Discontinue use and consult your
doctor if any adverse reactions occur. Not intended for
use by persons under the age of 18. Keep out of reach
of children. Store at room temperature. Do not use if
seal under cap is broken or missing.

No Gluten, No Wheat, No Milk or Milk Derivatives,
No Lactose, No Egg, No Grapefruit, No Sugar,
No Preservatives, No Artificial Color, No Artificial Flavor.

DIRECTIONS: For adults, take three (3) tablets daily,
preferably one after each meal. It is important to check
diet and exercise program.

See enclosed diet plan.

Apple Cider Vinegar Diet has been a
traditional choice with health conscious
individuals. Chromium helps to promote
natural soluble fiber well known for its
sugar metabolism while Apple Pectin is a
nutritional goodness.* Vitamin B-6
supports energy and protein metabolism.*
Gymnema Sylvestre rounds out this unique
formulation by providing additional
benefits. When used with the enclosed diet
plan and a daily exercise program, Apple
Cider Vinegar Diet puts you on track
towards meeting your dietary goals!

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coating free area