

While 60% of magnesium in the body is found in the bones and teeth, 40% of the magnesium in the body is found in the muscles. In the muscles, magnesium is primarily responsible for muscle relaxation after contraction. Studies indicate that 68% of US adults consume less than the RDA of magnesium per day. A deficiency of magnesium in the body can result in a myriad of problems, including muscle cramps and nerve irritability.†

Magnesium is also the second-most plentiful positively charged ion found within the cells of the body, signifying its importance in a multitude of physiological cellular functions.‡

Stress-X Magnesium Powder is a natural magnesium supplement formulated with magnesium citrate and over 72 ionic trace minerals from ConcenTrace® to help maintain healthy magnesium levels in the body to help you stay calm and relaxed and to feel overall wellness in body and mind.‡

ConcenTrace® is a trade name for concentrated sea minerals from the Great Salt Lake.

NEW!
IMPROVED FLAVOR!



Stress-X Magnesium Powder 350 mg

A calming, stress-relieving supplement containing
magnesium citrate and ConcenTrace®.‡

Helps maintain healthy magnesium levels and relaxes the muscles
after contraction to help you feel calm and tranquil.‡



liqujmins™

Certified Vegan • Gluten Free • Great Taste

NET WT 25.4 OZ (720 g) • DIETARY SUPPLEMENT

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

†-M7Y13



Trace Minerals Research®
P.O. Box 429 • Roy, Utah 84067
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Supplement Facts

Serving Size 7.2 g (about 1/2 scoop)
Servings Per Container 100

Amount Per Serving		%DV
Calories	15	
Total Carbohydrate	4 g	1%*
Sugars	4 g	
Magnesium (as Magnesium Citrate)	350 mg	88%
Sodium (as Sodium Bicarbonate)	40 mg	2%
ConcenTrace® Ionic Trace Minerals	100 mg	†
Over 72 ionic trace minerals from Utah's inland sea, the Great Salt Lake.		

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Other Ingredients: Crystalline fructose, citric acid, natural citrus flavors, natural flavor, malic acid, stevia leaf, silica. **CERTIFIED VEGAN.**

Allergen Info: Contains no known allergens. **GLUTEN FREE.**

Suggested Use: Using the provided scoop, mix 1/2 scoop into 2-4 ounces of water once or twice daily with food or at mealtime. Stir until dissolved. To add to the calming effects of **Stress-X Magnesium Powder**, mix with hot water. For best results, divide your daily serving into two servings. If this is your first time taking **Stress-X Magnesium Powder**, reduce the serving size to 1/4 scoop for the first 5 days. **Keep dry until use and store in a cool, dry place.**



LOT#/BEST BY DATE
ON BOTTOM OF BOTTLE.

