



New & Improved

Electrolyte Stamina

**Magnesium • Potassium • Vitamin B6
Taurine • ConcenTrace®**

High performance formula to
reduce muscle cramps, maintain muscle stamina,
and support energy and endurance.[†]

Certified Vegan • Gluten Free

300 tablets • DIETARY SUPPLEMENT

Supplement Facts

Serving Size 6 Tablets
Servings Per Container 50

Amount Per Serving	%DV
Calories	15
Total Carbohydrate	2g <1%*
Vitamin B6 (as Pyridoxal-5-Phosphate)	2mg 100%
Iron (as Iron Glycinate)	5mg 28%
Magnesium (from ConcenTrace®, Magnesium Glycinate)	290mg 73%
Chloride (from ConcenTrace® Blend, Sodium & Pot. Chloride)	950mg 28%
Sodium (from Sodium Chloride, ConcenTrace®)	270mg 12%
Potassium (as Potassium Citrate, Potassium Chloride)	590mg 17%
ConcenTrace® Blend	1530mg †

A unique blend of over 72 naturally occurring ionic trace minerals from the Great Salt Lake.

Sulfate (from ConcenTrace® Blend)	125mg †
Kelp	100mg †
Taurine	100mg †
Alfalfa	50mg †
Boron (from ConcenTrace®, Boron Citrate)	2mg †

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Other Ingredients: Stearic acid, microcrystalline cellulose, croscarmellose sodium, magnesium stearate. **CERTIFIED VEGAN.**

Allergen Info: contains no known allergens. **GLUTEN FREE.**

Electrolyte Stamina is ideal for sports performance, people working in high temperatures, and anyone expecting to experience high levels of fluid loss.[†] Vitamin B6 (P-5-P) and Taurine help get magnesium into the cells more effectively to help reduce muscle cramps, maintain muscle stamina, and support ATP production and cardiovascular endurance.[†]

Suggested Use: 4-6 tablets daily, depending on activity, divided with meals and before and after periods of physical activity. Take with large amounts of fluid. For individuals who lose high amounts of electrolytes, we recommend also using **Electrolyte Stamina Power Paks**,

Electrolyte Stamina Shot, Endure, Ionic Tonic, and 40,000 Volts! liquid electrolytes.

Also includes over 72 naturally occurring ionic trace minerals found in seawater. ConcenTrace® is a trade name for concentrated sea minerals from the Great Salt Lake.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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American Vegetarian Association



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