

Supplement Facts

Serving Size 2 Tablets, Servings Per Container 2; Amount Per Serving: Calories 5, Total Carbohydrate 1g (1% DV), Calcium (as Calcium Citrate) 60mg (6% DV), Iron 0.4mg (2% DV), Magnesium (from ConcenTrace® & Mag. Citrate) 50mg (13% DV), Chloride (from ConcenTrace® & Pot. Chloride) 145mg (4% DV), Sodium (from ConcenTrace®, Sodium Citrate) 10mg (<1% DV), Potassium (from Pot. Chloride & ConcenTrace®) 70mg (2% DV); Alfalfa Leaf 400mg**, **Herbal Blend** 300mg**: Valerian Root Concentrate, Passionflower Herb, Black Cohosh Root 4:1 Extract, Chamomile Flower Concentrate, Skullcap Herb, Wood Betony Herb, Hops Strobile, Capsicum Fruit; **Low-Sodium ConcenTrace®** 275mg**: A complex of over 72 naturally occurring ionic trace minerals from Utah's inland sea, the Great Salt Lake; GABA (Gamma Amino Butyric Acid) 150mg**, L-Theanine (Gamma-Ethylamino-L-Glutamic Acid) 25mg**, Sulfate (from ConcenTrace®, Calcium Sulfate) 20mg**, **Enzyme Complex** 15mg**: Amylase, Cellulase, Protease, Bromelain, Lipase; Boron (as Boron Citrate) 550mcg**.

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

** Daily Value (DV) not established.

Other Ingredients: Stearic acid, croscarmellose sodium, magnesium stearate, silicon dioxide, and microcrystalline cellulose.

Allergen Info: contains no known allergens. **GLUTEN FREE.**

Suggested Use: Take 2 tablets 1 hour before bedtime.

NaturalRest 4 tab



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Trace Minerals



RESEARCH



NaturalRest PLUS+



A natural nighttime
relaxing formula to
support a restful
night's sleep.†

• Herbs • Enzymes • ConcenTrace®
• GABA • L-Theanine • Calcium

Certified Vegan • Gluten Free

4 TABLETS • DIETARY SUPPLEMENT

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Trace Minerals Research
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r-M10Y14

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

