Trace Minerals
RESEARCH

AMERICA'S #1 TRACE MINERAL BRAND

Low Sodium

Mega-Mag 400 mg

Natural ionic magnesium with trace minerals

liquimins™

NON GMO Project VERIFIED nongmoproject.org

Gluten Free • Certified Vegan

NET 4 FL. OZ. (118 mL) • DIETARY SUPPLEMENT

Supplement Facts

Serving size 0.8 tsp. (4 mL)
Servings per container 30

Amount Per Serving		%DV
Magnesium	400 mg	100%
Chloride	1120 mg	33%
Sodium	10 mg	<1%
Potassium	5 mg	<1%
Sulfate	90 mg	†
Boron	1.5 mg	†

† Daily Value (DV) not established.

Ingredients: A high magnesium, low sodium mineral concentrate from Utah's inland sea, the Great Salt Lake. Contains no other added ingredients.

Allergen Info: contains no known allergens. **GLUTEN FREE.**

Mega-Mag liquid magnesium is a rich, natural source of concentrated magnesium chloride with over 72 naturally occurring ionic trace minerals that act as natural co-factors.

Magnesium is the fourth most abundant mineral in the body and participates in over 300 biochemical reactions.* Magnesium ions (charged magnesium atoms) play a key role in nerve conduction, muscle contraction, bone and tooth formation, protein metabolism, digestion, and are particularly important to heart and circulatory health.* Research has shown that many American diets are deficient in magnesium.

Suggested Use: ¼ to 0.8 teaspoon (1 to 4 mL) daily with juice or food to mask the highly concentrated mineral flavor. To top off or fully supplement your diet with magnesium, we recommend starting with ¼ teaspoon and increasing as needed, ideally spread throughout the day. We also recommend taking **Mega-Mag** with a large glass of fluid. Excess magnesium may cause a laxative effect. ConcenTrace® is a trade name for concentrated sea minerals from the Great Salt Lake.

super charged with CONCENTRACE® for better absorption

r-M10Y14

KOSHER

Certified Vegan AVA American Vegetarian Association

FEEL THE DIFFERENCE GUARANTEED OR YOUR MONEY BACK

cGMP

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MEGA-MAG 4 OZ.

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LOT#/BEST BY DATE

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MADE IN USA