

Prod. No. 2183

AMERICAN  HEALTH®

# TAM®

## HERBAL LAXATIVE

### Supports Regularity\*

### Vegetarian Formula

250 Tablets

Dietary Supplement



B30329

12F

### Supplement Facts

Serving Size 2 Tablets

Servings Per Container 125

| Amount Per Serving                                                                                    | %Daily Value |    |
|-------------------------------------------------------------------------------------------------------|--------------|----|
| Cascara Sagrada<br>( <i>Rhamnus purshiana</i> ) (bark)                                                | 78 mg        | ** |
| Senna Extract<br>( <i>Cassia angustifolia</i> ) (leaf) (contains not<br>less than 8 mg of Sennosides) | 438 mg       | ** |
| Herbal Proprietary Blend<br>Contains: Fennel Seed, Licorice Root,<br>Uva Ursi Leaves                  | 100 mg       | ** |

\*\*Daily Value not established.

**Other Ingredients:** Vegetable Cellulose, Dicalcium Phosphate, Silica, Vegetable Stearic Acid, Vegetable Magnesium Stearate.

**No** Gluten, **No** Yeast, **No** Wheat, **No** Milk or Milk Derivatives, **No** Lactose, **No** Soy, **No** Egg, **No** Corn, **No** Grapefruit, **No** Sugar, **No** Starch, **No** Preservatives, **No** Artificial Color, **No** Artificial Flavor, **No** Sodium.

**Suitable for Vegetarians and Vegans**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TAM® herbal laxative tablets contain all-natural herbs to help with occasional constipation.\* Our formula brings together the holistic properties of Cascara Sagrada and Senna, two popular herbals that help promote regularity.\* TAM® herbal laxative tablets contain no harsh synthetics, so you can be assured of gentle, yet efficient, cleansing.\*

**DIRECTIONS:** For adults, take two (2) tablets three times daily, or six (6) tablets at night before retiring.

**WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications, consult your doctor before use. Limit use to no more than two weeks. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Carefully Manufactured by  
AMERICAN HEALTH, INC.  
Ronkonkoma, NY 11779 U.S.A.  
800-445-7137

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