

AMERICAN  HEALTH[®]

TAM[®]

HERBAL LAXATIVE

Supports Regularity*
Vegetarian Formula

100 Tablets
Dietary Supplement

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 50

Amount Per Serving	%Daily Value
Cascara Sagrada (<i>Rhamnus purshiana</i>) (bark)	78 mg **
Senna Extract (<i>Cassia angustifolia</i>) (leaf) (contains not less than 8 mg of Sennosides)	438 mg **
Herbal Proprietary Blend Contains: Fennel Seed, Licorice Root, Uva Ursi Leaves	100 mg **

**Daily Value not established.

Other Ingredients: Vegetable Cellulose, Dicalcium Phosphate, Silica, Vegetable Stearic Acid, Vegetable Magnesium Stearate.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Soy, No Egg, No Corn, No Grapefruit, No Sugar, No Starch, No Preservatives, No Artificial Color, No Artificial Flavor, No Sodium.

Suitable for Vegetarians and Vegans

TAM[®] herbal laxative tablets contain all-natural herbs to help with occasional constipation.* Our formula brings together the holistic properties of Cascara Sagrada and Senna, two popular herbals that help promote regularity.* TAM[®] herbal laxative tablets contain no harsh synthetics, so you can be assured of gentle, yet efficient, cleansing.*

DIRECTIONS: For adults, take two (2) tablets three times daily, or six (6) tablets at night before retiring.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, consult your doctor before use. Limit use to no more than 2 weeks. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Carefully Manufactured by
AMERICAN HEALTH, INC.
Ronkonkoma, NY 11779 U.S.A.
800-445-7137

Visit www.AmericanHealthUS.com
for our complete line of products
© 2011 American Health, Inc.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

3 76630 18153 3