

21ST CENTURY®



DIETARY SUPPLEMENT

Estro Support

Compare to Active Ingredients
in Estroven®†

60 Tablets

Directions: As a dietary supplement, take one (1) tablet daily before mealtime or as directed by your healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if: pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur. This product contains a soybean-based ingredient and should not be taken by those with soy or soybean allergies.

Keep out of reach of children. Do not use if product appears tampered with or seal is broken. Store at room temperature.

No added Sugar, Yeast, Preservatives or Artificial Flavors.



500797-0414

Vitamins, minerals and herbs to support the needs of women.*

†Estroven® is a registered trademark of Amerifit Nutrition, Inc., Bloomfield, CT 06002

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PROUDLY MANUFACTURED BY
21ST Century HealthCare, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
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Estro Support

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving		% DV
Vitamin E (as d-alpha Tocopheryl Succinate)	30 I.U.	100%
Thiamin (Thiamin Mononitrate, B1)	2 mg	133%
Riboflavin (Vitamin B2)	2 mg	118%
Niacin (as Niacinamide)	20 mg	100%
Vitamin B6 (as Pyridoxine HCl)	10 mg	500%
Folic Acid	400 mcg	100%
Vitamin B12 (as Cyanocobalamin)	6 mcg	100%
Calcium (as Calcium Carbonate)	150 mg	15%
Selenium (as L-selenomethionine)	70 mcg	100%
Dateseed Extract (<i>Zizphus spinosa</i>) and Magnolia Bark Extract (<i>Magnolia glauca</i>)	150 mg	**
Purified Isoflavones (from non-GMO standardized soybean extract)	55 mg	**
Black Cohosh Extract (<i>Cimicifuga racimosa</i>)	40 mg	**
Boron (as Boron Amino Acid Chelate)	1.5 mg	**

** Daily Value (DV) not established.

Other Ingredients: Cellulose, Crosscarmellose Sodium, Maltodextrin, Silicon Dioxide, Stearic Acid, Polydextrose, Magnesium Stearate, Titanium Dioxide, Artificial Colors (FD&C Red #40, FD&C Blue #2, Yellow #5), PEG. Contains a soy ingredient.

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