

21ST CENTURY®



DIETARY SUPPLEMENT

EXTRA STRENGTH

Estro Support ES

Compare to Active Ingredients
in Extra Strength Estroven®†

60 Tablets

Directions: As a dietary supplement, take two (2) tablets daily before mealtime or as directed by your healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if: pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur. This product contains a soybean-based ingredient and should not be taken by those with soy or soybean allergies.

Keep out of reach of children. Do not use if product appears tampered with or seal is broken. Store at room temperature.

No added Sugar, Yeast, Preservatives or Artificial Flavors.



500798-0414

Vitamins, minerals and herbs to support the needs of women.*

†Estroven® is a registered trademark of Amerifit Nutrition, Inc., Bloomfield, CT 06002

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PROUDLY MANUFACTURED BY
21ST Century HealthCare, Inc.
2119 S. Wilson Street, Tempe, AZ 85282 USA
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Estro Support ES

Supplement Facts

Serving Size: 2 Tablets
Servings Per Container: 30

Amount Per Serving	% DV
Vitamin E (as d-alpha Tocopheryl Succinate)	30 I.U. 100%
Thiamin (Thiamin Mononitrate, B1)	5 mg 333%
Riboflavin (Vitamin B2)	5 mg 294%
Niacin (as Niacinamide)	20 mg 100%
Vitamin B6 (as Pyridoxine HCl)	25 mg 1250%
Folic Acid	400 mcg 100%
Vitamin B12 (as Cyanocobalamin)	25 mcg 417%
Calcium (as Calcium Carbonate)	200 mg 20%
Selenium (as L-selenomethionine)	70 mcg 100%
Chromium (as Chromium Dinicotinate Glycinate)	120 mcg 100%
Cranberry Juice (from 12:1 Extract)	300 mg **
Estro Support Herbal Blend	200 mg **
Green Tea Extract, Dated Seed Extract (Ziziphus spinosa), Cinnamon Twig Extract, Galangal Root Extract, Magnolia Bark Extract (Magnolia glauca)	
Purified Isoflavones (from non-GMO standardized soybean extract)	80 mg **
Black Cohosh Extract (Cimicifuga racemosa)	40 mg **
Boron (as Boron Amino Acid Chelate)	1.5 mg **

** Daily Value (DV) not established.

Other Ingredients: Cellulose, Croscarmellose Sodium, Silicon Dioxide, Stearic Acid, Magnesium Stearate, Artificial Colors (FD&C Yellow #5, FD&C Yellow #6), Titanium Dioxide, PEG, Polysorbate, Dextrin, Glycerin, Sodium Citrate. Contains a soy ingredient.

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