HOSPHORUS, POTASSI INSTANT AND LONG . . . . . . . . . . . . . . . . . . . AND ARTIFICIAL FLAVOR DIETARY SUPPLEMENT NET WEIGHT 4.5 lbs (2032 GRAMS)

## Supplement Facts

Serving Size: 1 Scoop (63.5g) Servings Per Bottle: 32

Amo	unt Per Serving	% DV
Calories	200	
Total Carbohydrate	50g	17%
DietaryFiber	2g	8%
Riboflavin	10mg	588%
Niadin	25mg	125%
Vitamin B6 (as Pyridoxine HO)	5mg	250%
Vitamin B12 (as Cyanocobalamin)	100mcg	1667%
Biotin	300mcg	100%
Calcium (as Monocalcium Phosphate M	fonohydrate and	95000000
Dicalcium Phosphate]	300mg	30%
Phosphorus (as Dipotassium Phosphat		2007/77
Phosphate Dhydrate, Monocaldium Pho	osphate Monohydr	ate
and Dicalcium Phosphate]	500mg	50%
Magnesium (as Dimagnesium Malate)	31mg	8%
Zinc (as Zinc Bisglycinate Chelate)	10mg	67%
Sodium (as Disodium Phosphate Dhydr	rate] 208mg	8%
Potassium (as Dipotassium Phosphate)	435mg	12%

Bio-Engineered KARBOLIC™ a proprietary blend of com starch, modified food starch, com dextrin, taurine, highly branched cyclic dextrin, betaine, polydextrose, soy lecithin, PteroPro™ [Dpinitol pterostilbene, resveratrol piceid]

Other Ingredients: Natural & Artificial Flavor, Sucralose, Acesulfame K, Guar Gum, Xanthum Gum.

CONTAINS SOY LEGITHIN

KARBOUC™ Blend



## SUGGESTED USE:

PRIOR TO EXERCISE: CONSUME 1/2 SERVING OF KARBOLIC™ WITH 16-OZ OF COLD WATER 45 MINUTES BEFORE EXERCISE.

IMMEDIATELY FOLLOWING EXERCISE: CONSUME 1
SERVING OF KARBOLIC™ TO REPLENISH GLYCOGEN LEVELS AND DRASTICALLY
ENHANCE RECOVERY. IF YOU PREFER, YOU CAN MIX 1 SERVING OF KARBOLIC™
WITH YOUR FAVORITE PROTEIN POWDER FOR AN IDEAL MEAL REPLACEMENT
SHAKE.

ADVANCED USERS ONLY: FOR SKIN-SPLITTING MUSCLE PUMPS, STACK PROSUPPS® I-LOAD™ WITH 1-2 SCOOPS OF KARBOLIC™ 30 MINUTES PRIOR TO EXERCISE.

## KARBOLIC™...PERIOD!

ALL SERIOUS ATHLETES REQUIRE FAST, MEDIUM AND SLOW ACTING CARBOHY-DRATES BEFORE, DURING AND AFTER INTENSE EXERCISE OR COMPETITION. FOR OVER 40 YEARS, SPORTS NUTRITIONISTS HAVE TOUTED THE BENEFITS OF CARBOHYDRATE INTAKE TO IMPROVE PERFORMANCE AND RECOVERY. +

WITH PROSUPPS® KARBOLIC™, WE ARE FAR MORE INTERESTED IN PROVIDING YOU WITH BETTER RESULTS IN THE GYM AND ON THE FIELD THROUGH RESEARCH BASED TECHNOLOGY, PROVEN TO DELIVER THE HIGHEST LEVEL OF EFFICACY AND RESULTS. WE PARTNERED WITH JW NUTRITIONAL TO JOINTLY DEVELOP A PROPRIETARY, NUTRIENT PARTITIONING, ANTI-OXIDANT INGREDIENT THAT WAS SPECIFICALLY DESIGNED TO MEET THE HEIGHTENED METABOLIC DEMANDS OF ALL TYPES OF SERIOUS ATHLETES AND TO SYNERGIZE SPECIFICALLY WITH CARBOHYDRATES TO ENHANCE INTRA-CELLULAR MUSCLE VOLUME AND CARBOHYDRATE LOADING. PteroPro™ IS A SCIENTIFICALLY DESIGNED EXTRACT THAT CONTAINS INGREDIENTS BACKED BY MORE THAN ONE HUNDRED CLINICAL AND BASIC RESEARCH STUDIES... PEER-REVIEWED STUDIES THAT ARE PUBLISHED IN PRESTIGIOUS JOURNALS DONE ON REAL HUMAN SUBJECTS. +

IT'S YOUR BODY, IT'S YOUR CHOICE... CHOOSE KARBOLIC™.





<sup>\*</sup>Percent daily values (DV) are based on a 2,000 calorie diet.

\*\*Daily value (DV) not established.