SUGGESTED USE: Children 4 years and up, as a dietary supplement, take two (2) chewable tablets daily.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS BROKEN.

IF YOUR CHILD IS TAKING ANY
MEDICATION OR HAS A MEDICAL
CONDITION, CONSULT YOUR
CHILD'S PHYSICIAN PRIOR TO USE.

Dr. Mercola has been providing quality products since 2001.



## DR. MERCOLA®

## CHILDREN'S MULTIVITAMIN

Natural Fruit Flavored Chewables

Dietary Supplement

## Supplement Facts

Serving Size: 2 Tablets

| ,  | Amount Per<br>Serving | %D\  |
|--|-----------------------|------|
| Calories   | 5                     |      |
| Total Carbohydrate   | 2 g                   | <1%  |
| Sugars   | 0 g                   |      |
| Vitamin A (from Beta-Carotene)   | 1,000 IU              | 20%  |
| Vitamin C (as Niacinamide, Magnesium and<br>Calcium Ascorbate, Ascorbyl Palmitate) | 250 mg                | 420% |
| Vitamin D <sub>3</sub> (as Cholecalciferol)  | 2,000 IU              | 500% |
| Vitamin E (as D-Alpha-Tocopheryl<br>Succinate with Mixed Tocopherols)              | 30 IU                 | 100% |
| Thiamine (Vitamin B <sub>1</sub> )<br>(as Thiamine Pyrophosphate)                  | 1.5 mg                | 100% |
| Riboflavin (Vitamin B <sub>2</sub> )<br>(as Riboflavin-5'-Phosphate)               | 1.7 mg                | 100% |
| Niacin (Vitamin B <sub>3</sub> )<br>(as Niacinamide Ascorbate)                     | 20 mg                 | 100% |
| Vitamin B <sub>6</sub> (as Pyridoxal-5'-Phosphate)                                 | 2 mg                  | 100% |
| Folate (Vitamin B9) (as Folic Acid)  | 400 mcg               | 100% |
| Vitamin B <sub>12</sub> (as Methylcobalamin)                                       | 6 mcg                 | 100% |
| Biotin   | 300 mcg               | 100% |
| Pantothenic Acid (Vitamin B <sub>5</sub> )<br>(as D-Calcium Pantothenate)          | 10 mg                 | 100% |
| Calcium (as Calcium Citrate, Calcium Ascorbat                                      | e) 100 mg             | 10%  |

|  | Amount Per<br>Serving | %DV  |
|--|-----------------------|------|
| lodine (from Kelp)                                       | 15 mcg                | 10%  |
| Magnesium (from Magnesium                                |                       |      |
| Ascorbate, Magnesium Aspartate)                          | 40 mg                 | 10%  |
| Zinc (from Zinc Gluconate)                               | 3 mg                  | 20%  |
| Selenium (from Selenium Amino Acid Complex)              | 20 mcg                | 30%  |
| Copper (from Copper Bisglycinate Chelate)                | 0.05 mg               | 2%   |
| Manganese (from Manganese<br>Bisglycinate Chelate)       | 2 mg                  | 100% |
| Chromium (from Chromium<br>Nicotinate Glycinate Chelate) | 40 mcg                | 30%  |
| Molybdenum (from Molybdenum<br>Glycinate Chelate)        | 5 mcg                 | 6%   |
| Citrus Bioflavonoids                                     | 10 mg                 | **   |
| Boron (from Boron Citrate)                               | 20 mcg                | **   |
| Vanadium (from Vanadium Krebs Chelate)                   | 3 mcg                 | **   |

\*\* Daily Value (DV) not established.

OTHER INGREDIENTS: Xylitol, Cellulose, Natural Flavors,

OTHER INGREDIENTS: Xylitol, Cellulose, Natural Flavors, Silicon Dioxide, Citric Acid, Organic Stevia (Leaf) Extract.

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