

CYTOMAX® SPORTS PERFORMANCE MIX is designed to deliver energy quickly and efficiently. The ADVANCED CARBOHYDRATE SYSTEM (ACS), electrolytes, and AMINO ACID PEPTIDE BLEND in CYTOMAX provide nutrients to help hydrate, fuel working muscles, and spare muscle glycogen to delay fatigue.*

ACS and ENERGY TRANSPORTS

CYTOMAX provides 22 grams of carbohydrates from multiple sources utilizing the body's ability to transport and deliver energy (glucose, fructose and lactate) through unique pathways.*

The carbohydrate sources in CytoMax utilize the following pathways:

- Maltodextrin and Dextrose follow the **Glucose Pathway**;
- Crystalline Fructose uses the **Fructose Pathway**;
- alpha-L-Polylactate* relies on the **Lactate Pathway**;
- Water utilizes the **Aquaporin Pathway**.

INTESTINE

MUSCLE

BLOOD

WATER

LACTATE

GLUCOSE

FRUCTOSE

WATER

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CARBOHYDRATES

✓ **GLUCOSE**
Glucose as maltodextrin and dextrose provides fuel for exercising muscles*

✓ **FRUCTOSE**
When consumed with glucose increases total carbohydrate oxidation rates*

✓ **ALPHA-L-POLYLACTATE**
Our proprietary, acid buffering fluid provides lactate energy for muscles*

ELECTROLYTES

THE ELECTROLYTES IN CYTOMAX HELP REPLACE THOSE LOST IN SWEAT*

✓ **SODIUM AND POTASSIUM**
Critical for muscle contractions and supporting fluid balance*

✓ **MAGNESIUM**
Necessary for energy metabolism*

AMINO ACID PEPTIDE BLEND

250mg (PER SERVING) FROM OUR BLEND OF PEPPERMINT LEUCINE-ENRICHED WHEY PEPTIDES, L-GLUTAMINE AND L-ALANINE.

Since we founded CytoSport® in 1998, we've been dedicated to working with sports scientists, coaches and trainers to define protein enhanced products for serious athletes and active lifestyle individuals - supporting performance when it matters.

Over the years, we've expanded to create a comprehensive product line that encompasses the athletic experience from preparation, to hydration, to recovery. Our plant is a **NSP International GMP for Sport**® Registered facility, inspected and regulated by the FDA. We carefully manufacture our powder products onsite at our corporate campus in Benicia, California.

Making efficacious products for athletes and active lifestyle individuals requires responsibility on all fronts. As our business has grown, so has our footprint. We have made environmental sustainability a focus and driver in everyday decision making. For more information, please visit our website.

Through it all, CytoSport has been committed to one thing, *Building Athletes from the Inside Out*™

The CytoSport Team

REFERENCES: 1. COPEL ET AL. J APP PHYSIOL 92:106-12 (2002); 2. TERRY ET AL. INT J SPORT MED 23:144-4 (2002); 3. MILLER ET AL. J LIPID RES 44:1963-1971 (2003); 4. MILLER ET AL. AM J PHYSIOL 286:R1748-R1753 (2003); 5. ADRIANO ET AL. J LIPID RES 46:296-307 (2005); 6. HERRICK ET AL. J INT J SPORTS MED 31:11 (2010).

Now with
STEVIA

ADVANCED CARBOHYDRATE SYSTEM

CYTOSPORT

CYTOMAX®

SPORTS PERFORMANCE MIX

DIETARY SUPPLEMENT

TASTE SATISFACTION GUARANTEED
COOL CITRUS
WITH OTHER NATURAL FLAVORS

ESSENTIAL ELECTROLYTES

RAPID & SUSTAINED ENERGY

IMPROVES ENDURANCE

FREE OF BANNED SUBSTANCES

NSF

NET WT 4.5 LBS (2.04kg)

PRE | DURING | POST

Supplement Facts

Serving Size 8 tsp (25g) (approx 1 scoop)
Servings Per Container approx 81

	Amount Per Serving	%DV*
Calories	90	
Total Carbohydrate	22g	7%
Sugars	12g	
Protein	<1g	
Vitamin C (as ascorbic acid)	60mg	100%
Calcium (as dicalcium phosphate, calcium succinate)	6mg	1%
Magnesium (as magnesium oxide, magnesium succinate)	14mg	4%
Chromium (as chromium chloride)	50mcg	40%
Sodium (as sodium citrate)	120mg	6%
Potassium (as potassium citrate, monopotassium phosphate, potassium succinate)	60mg	2%
Advanced Carbohydrate System (maltodextrin, crystalline fructose, dextrose, alpha-L-Polylactate)	22g	**
Amino Acid Peptide Blend (Peppermint leucine-enriched whey peptides, L-glutamine, L-alanine)	250mg	**

*Percent Daily Values (DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

**Percent Daily Value not established.

FOR INFORMATION ON CYTOSPORT PRODUCTS OR TO REPORT ADVERSE EFFECTS
CALL 1-888-298-6629 OR EMAIL: PRODUCTQUESTIONS@CYTOSPORT.COM
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WWW.CYTOMAX.COM
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GLUTEN FREE

NOTE: THIS CONTAINER IS FOR ORAL USE ONLY. NOT FOR INJECTION. AND ALWAYS FOLLOW THE DIRECTIONS. DO NOT EXCEED THE RECOMMENDED DOSE. DO NOT PLACE IN REFRIGERATOR. IF CANNING OCCURS, SIMPLY BREAK UP WITH A SPOON OR OTHER UTENSIL.

INGREDIENTS: ADVANCED CARBOHYDRATE SYSTEM (MALTODEXTRIN, CRYSTALLINE FRUCTOSE, DEXTROSE, ALPHA-L-POLYLACTATE), CITRIC ACID, SODIUM CITRATE, NATURAL FLAVORS, AMINO ACID PEPTIDE BLEND (WHEY PEPTIDES, L-GLUTAMINE, L-ALANINE), MALIC ACID, POTASSIUM CITRATE, ASCORBIC ACID, XANTHAN GUM, MAGNESIUM OXIDE, TURMERIC POWDER (ADDED FOR COLOR), STEVIA EXTRACT, DICALCIUM PHOSPHATE, MONOPOTASSIUM PHOSPHATE, CHROMIUM CHLORIDE, SOY LECITHIN, CALCIUM SUCCINATE, MAGNESIUM SUCCINATE, POTASSIUM SUCCINATE.

CONTAINS INGREDIENTS DERIVED FROM MILK AND SOY. THIS PRODUCT IS MANUFACTURED IN A FACILITY THAT PROCESSES MILK, SOY, WHEAT AND EGGS.

PEPPERMINT IS A REGISTERED TRADEMARK OF GARDEN OF EARTH INC.

FUEL		ESSENTIAL ELECTROLYTES			
CARBS	SODIUM	POTASSIUM	CALCIUM	MAGNESIUM	
22g	120mg	60mg	6mg	14mg	

DIRECTIONS and USE



Begin drinking CytoMax 15 minutes prior to exercise. Continue drinking throughout exercise, consume 10-12 fl-oz every 30 minutes, or as needed.

*Our products are tested for athletic banned substances in compliance with the NSF International Certified for Sport® program, which includes some annual facility audits, verifying status NSF USA-Certification Guidelines Annex A. List banned substances prior to our facility.

PLANT BASED

MADE IN USA

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