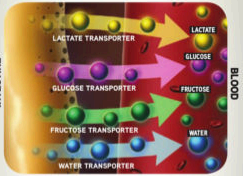
CYTOMAX® SPORTS PERFORMANCE MIX is designed to deliver energy quickly and efficiently. The **ADVANCED CARBOHYDRATE SYSTEM (ACS)**, electrolytes, and **AMINO ACID PEPTIDE BLEND** in **CYTOMAX** provide nutrients to help hydrate, fuel working muscles, and spare muscle glycogen to delay fatigue.[1]

ACS and ENERGY TRANSPORTS

CYTOMAX provides 22 grams of carbohydrates from multiple sources utilizing the body's ability to transport and deliver energy (glucose, fructose and lactate) through unique pathways.[1]



The carbohydrate sources in Cytomax utilize the following pathways:

*Maltodextrin and Dextrose follow the **Glucose Pathway;***
*Crystalline Fructose uses the **Fructose Pathway;***
*alpha-L-Polylactate™ relies on the **Lactate Pathway.***
*Water utilizes the **Aquaporin Pathway**.[1]*

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CARBOHYDRATES

✔ **GLUCOSE**
Glucose as maltodextrin and dextrose provides fuel for exercising muscles[1]

✔ **FRUCTOSE**
When consumed with glucose increases total carbohydrate oxidation rates[1]

✔ **ALPHA-L-POLYLACTATE**
Our proprietary, acid buffering fuel provides lactate energy for muscles[1]

ELECTROLYTES

THE ELECTROLYTES IN CYTOMAX HELP REPLACE THOSE LOST IN SWEAT[1]

✔ **SODIUM AND POTASSIUM**
Critical for muscle contractions and supporting fluid balance[1]

✔ **MAGNESIUM**
Necessary for energy metabolism[1]

AMINO ACID PEPTIDE BLEND

250mg (PER SERVING) FROM OUR BLEND OF PEPFORM® LEUCINE-ENRICHED WHEY PEPTIDES, L-GLUTAMINE AND L-ALANINE.

Since we founded **CytoSport™** in 1998, we've been dedicated to working with sports scientists, coaches and trainers to redefine protein enhanced products for serious athletes and active lifestyle individuals – supporting performance when it matters.

Over the years, we've expanded to create a comprehensive product line that encompasses the athletic experience from preparation, to hydration, to recovery. Our plant is a **NSF International GMP for Sport™ Registered** facility, inspected and regulated by the **FDA**. We carefully manufacture our powder products onsite at our corporate campus in Benicia, California.

Making efficacious products for athletes and active lifestyle individuals requires responsibility on all fronts. As our business has grown, so has our footprint. We have made environmental sustainability a focus and driver in everyday decision making. For more information, please visit our website.

Through it all, **CytoSport** has been committed to one thing, *Building Athletes from the Inside Out*.[1]

The CytoSport Team

REFERENCES: 1. COYLE ET AL. J APPL PHYSIOL 55:230-35 (1983); 2. FAHEY ET AL. INT'L J SPORT NUT 1:249-56 (1991); 3. MILLER ET AL. J PHYSIOL 544.3:963-75 (2002); 4. MILLER ET AL. AM J PHYSIOL ENDO METAB 283:E889-98 (2002); 5. AZEVEDO ET AL. PLOS ONE 2(8): E927 (2007); 6. KERSICK ET AL. J INT'L SOC SPORTS NUT 5:17 (2008).

BUILDING ATHLETES FROM THE INSIDE OUT™

Now with **STEVIA**

ADVANCED CARBOHYDRATE SYSTEM acs alpha-L-Polylactate™

CytoSport

CYTOMAX®

SPORTS PERFORMANCE MIX

DIETARY SUPPLEMENT

TASTE SATISFACTION GUARANTEED

TANGY ORANGE

WITH OTHER NATURAL FLAVORS

ESSENTIAL ELECTROLYTES
RAPID & SUSTAINED ENERGY
IMPROVES ENDURANCE

with Caffeinated Herbal Lift

NET WT 4.5 LBS (2.04kg)

*FREE BANNED SUBSTANCES

NSF Certified for Sport™ www.nsf.org

PRE | DURING | POST

Supplement Facts

Serving Size 8 tsp (25g) (approx 1 scoop)
Servings Per Container approx 81

	Amount Per Serving	%DV*
Calories	90	
Total Carbohydrate	22g	**7%**
Sugars	12g	
Protein	<1g	
Vitamin C (as ascorbic acid)	60mg	**100%**
Calcium (as dicalcium phosphate, calcium succinate)	6mg	**1%**
Magnesium (as magnesium oxide, magnesium succinate)	14mg	**4%**
Chromium (as chromium chloride)	50mcg	**40%**
Sodium (as sodium citrate)	120mg	**5%**
Potassium (as potassium citrate, monopotassium phosphate, potassium succinate)	60mg	**2%**
Advanced Carbohydrate System (maltodextrin, crystalline fructose, dextrose, alpha-L-Polylactate)	22g	**
Amino Acid Peptide Blend (PepForm® leucine-enriched whey peptides, L-glutamine, L-alanine)	250mg	**
Caffeinated Herbal Lift (rutin, caffeine (25mg), quercetin, lemon bioflavonoids)	90mg	**

*Percent Daily Values (DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.
**Percent Daily Value not established.

INGREDIENTS ADVANCED CARBOHYDRATE SYSTEM (MALTODEXTRIN, CRYSTALLINE FRUCTOSE, DEXTROSE, ALPHA-L-POLYLACTATE), CITRIC ACID, SODIUM CITRATE, NATURAL FLAVORS, TURMERIC POWDER (ADDED FOR COLOR), AMINO ACID PEPTIDE BLEND (WHEY PEPTIDES, L-GLUTAMINE, L-ALANINE), MALIC ACID, POTASSIUM CITRATE, CAFFEINATED HERBAL LIFT (RUTIN, CAFFEINE, QUERCETIN, LEMON BIOFLAVONOID), ASCORBIC ACID, XANTHAN GUM, MAGNESIUM OXIDE, STEVIA EXTRACT, DICALCIUM PHOSPHATE, MONOPOTASSIUM PHOSPHATE, CHROMIUM CHLORIDE, SOY LECITHIN, CALCIUM SUCCINATE, MAGNESIUM SUCCINATE, POTASSIUM SUCCINATE, CARMINE (ADDED FOR COLOR).

CONTAINS INGREDIENTS DERIVED FROM MILK AND SOY.

THIS PRODUCT IS MANUFACTURED IN A FACILITY THAT PROCESSES MILK, SOY, WHEAT AND EGGS.

PEPFORM® IS A REGISTERED TRADEMARK OF GLANBIA PLC.

FUEL	ESSENTIAL ELECTROLYTES			
CARBS	SODIUM	POTASSIUM	CALCIUM	MAGNESIUM
22g	120mg	60mg	6mg	14mg

DIRECTIONS and USE

Begin drinking Cytomax 15 minutes prior to exercise. Continue drinking throughout exercise, consume 10–12 fl-oz. every 30 minutes, or as needed.

**Our products are tested for athletic banned substances in compliance with the NSF International Certified for Sport® program, which includes semi-annual facility audits, verifying thatno NSF 306-Certification Guideline Annex A List banned substances exist in our facility.*

FOR INFORMATION ON CYTOSPORT PRODUCTS OR TO REPORT ADVERSE EFFECTS
CALL 1-888-298-6629 OR EMAIL
PRODUCTQUESTIONS@CYTOSPORT.COM
CYTOSPORT, BENICIA, CA 94510
WWW.CYTOMAX.COM

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GLUTEN FREE

NOTE: THIS CONTAINER IS FILLED BY WEIGHT, NOT VOLUME, AND SOME SETTLING MAY OCCUR DURING SHIPPING. STORE IN A COOL, DRY PLACE TO AVOID CAKING. IF CAKING OCCURS, SIMPLY BREAK UP WITH A SPOON OR OTHER UTENSIL.

PLEASE RECYCLE

MADE IN USA

L-40470-REV07.01/13

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