

Key nutrients to support heart health*

21ST CENTURY®

Heart Health

Sentry Heart

Multivitamin & Multimineral Supplement with Phytosterols

Compare Active Ingredients to **Centrum SPECIALIST® Heart**[†]

120 Tablets

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A (as Acetate & 2% as Beta-Carotene)	1,750 I.U. 35%	Magnesium (as Magnesium Oxide)	20 mg 5%
Vitamin C (as Ascorbic Acid)	30 mg 50%	Zinc (as Zinc Oxide)	3.75 mg 25%
Vitamin D (as Cholecalciferol)	200 I.U. 50%	Selenium (as Sodium Selenate)	10 mcg 14%
Vitamin E (as d-alpha Tocopheryl Acetate)	15 I.U. 50%	Copper (as Copper Sulfate)	0.35 mg 18%
Vitamin K (as Phytonadione)	12.5 mcg 16%	Manganese (as Manganese Sulfate)	1 mg 50%
Thiamin (Thiamin Mononitrate, B1)	.75 mg 50%	Chromium (as Chromium Chloride)	60 mcg 50%
Riboflavin (Vitamin B2)	.85 mg 50%	Molybdenum (as Sodium Molybdate)	37.5 mcg 50%
Niacin (as Niacinamide)	10 mg 50%	Chloride (as Potassium Chloride)	29 mg <1%
Vitamin B6 (as Pyridoxine HCl)	2.5 mg 125%	Potassium (as Potassium Chloride)	32 mg <1%
Folic Acid	200 mcg 50%		
Vitamin B12 (as Cyanocobalamin)	100 mcg 1667%	Boron (as Borates)	16 mcg **
Biotin	15 mcg 5%	Tin (as Stannous Chloride)	5 mcg **
Pantothenic Acid (as d-Calcium Pantothenate)	5 mg 50%	Nickel (as Nickelous Sulfate)	2.5 mcg **
Calcium (as Dicalcium Phosphate)	54 mg 5%	Silicon (as Silicon Dioxide)	1 mg **
Iron (as Ferrous Fumarate)	3 mg 17%	Vanadium (as Sodium Metavanadate)	5 mcg **
Phosphorus (as Dicalcium Phosphate)	40 mg 4%	Phytosterols	400 mg **
Iodine (as Potassium Iodide)	75 mcg 50%		

**Daily Value (DV) not established.

Other Ingredients: Cellulose, Silicon Dioxide, Starch, Stearic Acid, Polyvinyl Alcohol, Croscarmellose Sodium, Magnesium Stearate, Titanium Dioxide, Polyvinylpyrrolidone, PEG, Talc, Ethylcellulose, Artificial Color (FD&C Yellow #6). **Contains Soy.**

[†]Centrum® is a registered trademark of Wyeth Consumer Healthcare, Madison, NJ 07940

Directions: As a dietary supplement, take one (1) tablet twice a day with any meal or as directed by your healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if: pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature. No added Sugar, Yeast, Preservatives or Artificial Flavors.

Important Information: Extended use of high levels of Vitamin A (excluding Beta Carotene as the source) may increase the risk to adults of developing osteoporosis. Do not use this product if using other Vitamin A supplements.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or Poison Control Center immediately.

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