

Key nutrients to support heart health\*

21<sup>ST</sup> CENTURY®

Heart Health

# Sentry Heart

Multivitamin & Multimineral Supplement with Phytosterols

Compare Active Ingredients to  
**Centrum SPECIALIST® Heart†**

60 Tablets

## Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A (as Acetate & 2% as Beta-Carotene) 1,750 I.U.	35%	Magnesium (as Magnesium Oxide) 20 mg	5%
Vitamin C (as Ascorbic Acid) 30 mg	50%	Zinc (as Zinc Oxide) 3.75 mg	25%
Vitamin D (as Cholecalciferol) 200 I.U.	50%	Selenium (as Sodium Selenate) 10 mcg	14%
Vitamin E (as d-alpha Tocopheryl Acetate) 15 I.U.	50%	Copper (as Copper Sulfate) 0.35 mg	18%
Vitamin K (as Phytanadione) 12.5 mcg	16%	Manganese (as Manganese Sulfate) 1 mg	50%
Thiamin (Thiamin Mononitrate, B1) .75 mg	50%	Chromium (as Chromium Chloride) 60 mcg	50%
Riboflavin (Vitamin B2) .85 mg	50%	Molybdenum (as Sodium Molybdate) 37.5 mcg	50%
Niacin (as Niacinamide) 10 mg	50%	Chloride (as Potassium Chloride) 29 mg	<1%
Vitamin B6 (as Pyridoxine HCl) 2.5 mg	125%	Potassium (as Potassium Chloride) 32 mg	<1%
Folic Acid 200 mcg	50%		
Vitamin B12 (as Cyanocobalamin) 100 mcg	1667%	Boron (as Borates) 16 mcg	**
Biotin 15 mcg	5%	Tin (as Stannous Chloride) 5 mcg	**
Pantothenic Acid (as d-Calcium Pantothenate) 5 mg	50%	Nickel (as Nickelous Sulfate) 2.5 mcg	**
Calcium (as Dicalcium Phosphate) 54 mg	5%	Silicon (as Silicon Dioxide) 1 mg	**
Iron (as Ferrous Fumarate) 3 mg	17%	Vanadium (as Sodium Metavanadate) 5 mcg	**
Phosphorus (as Dicalcium Phosphate) 40 mg	4%	Phytosterols 400 mg	**
Iodine (as Potassium Iodide) 75 mcg	50%		

\*\*Daily Value (DV) not established.

Other Ingredients: Cellulose, Silicon Dioxide, Starch, Stearic Acid, Polyvinyl Alcohol, Croscarmellose Sodium, Magnesium Stearate, Titanium Dioxide, Polyvinylpyrrolidone, PEG, Talc, Ethylcellulose, Artificial Color (FD&C Yellow #6). **Contains Soy.**

†Centrum® is a registered trademark of Wyeth Consumer Healthcare, Madison, NJ 07940

**Directions:** As a dietary supplement, take one (1) tablet twice a day with any meal or as directed by your healthcare provider. Do not exceed recommended dosage. Individual results may vary.

**Warning:** Consult a healthcare provider prior to use if: pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

**Keep out of reach of children.** Do not use if product appears to be tampered with or seal is broken. Store at room temperature. No added Sugar, Yeast, Preservatives or Artificial Flavors.

**Important Information:** Extended use of high levels of Vitamin A (excluding Beta Carotene as the source) may increase the risk to adults of developing osteoporosis. Do not use this product if using other Vitamin A supplements.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or Poison Control Center immediately.

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