

Many recent scientific studies have shown the effectiveness of taking supplements with the proper combination of Glucosamine HCl and Chondroitin Sulfate.* These compounds found in the soft cartilage, tendons and synovial fluid, are essential to the healthy functioning of tendons and joints, especially with advancing age.* Glucosamine & Chondroitin Complex Triple Strength combines these two nutritional elements in the proper amounts for your effective use.*

Directions: As a dietary supplement, take up to two (2) tablets daily after meals, or as directed by your healthcare provider. Do not exceed recommended dosage. Individual results may vary.

WARNING: IF YOU ARE DIABETIC, CONSULT YOUR PHYSICIAN BEFORE USING THIS PRODUCT. If you have a Shellfish allergy please consult your physician before using this product.

WARNING: Consult a healthcare provider prior to use if: pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No Sugar, Artificial Flavors or Preservatives.

†Osteo Bi-Flex® Advanced 3X is a registered trademark of Rexall Sundown, Inc., Boca Raton, FL 33487 USA

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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CENTURY®

Glucosamine Chondroitin COMPLEX Plus MSM

COMPARE ACTIVE INGREDIENTS TO
OSTEO BI-FLEX® ADVANCED 3X†

DIETARY
SUPPLEMENT

**ADVANCED
TRIPLE STRENGTH**

2 PER DAY
**120 EASY TO SWALLOW
TABLETS**

Supplement Facts

Serving Size: 2 Tablets

Servings Per Container: 60

Amount Per Serving	% DV
Calories	15
Total Carbohydrate	3 g <1%**
Vitamin C (as Ascorbic Acid)	60 mg 100%
Manganese (as Manganese Sulfate)	2 mg 100%
Sodium	50 mg 2%**
Glucosamine HCl	1,500 mg (1.5g) ***
Proprietary Blend	1,250 mg (1.25g) ***
Chondroitin Sulfate, Methylsulfonylmethane (MSM), Hydrolyzed Collagen, Boswellia serrata (root), Vitamin C, Manganese, Hyaluronic Acid	
Boswellia serrata Extract	100 mg ***
Boron (as Sodium Borate)	3 mg ***

** Percent Daily Value (DV) based on a 2,000 calorie diet.

*** Daily Value not established.

Other Ingredients: Cellulose, Polyplasdone, Stearic Acid, Polydextrose, Titanium Dioxide, Silicon Dioxide, Magnesium Stearate, Artificial Colors (FD&C Red #40, FD&C Blue #2, FD&C Yellow #5), PEG. **Contains: Shrimp, Crab, Crayfish.**

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