

Many recent scientific studies have shown the effectiveness of taking supplements with the proper combination of Glucosamine, Chondroitin, MSM (methylsulfonylmethane) and Hyaluronic Acid.* These compounds found in the soft cartilage, tendons, and synovial fluid are essential to the healthy functioning of tendons and joints, especially with advancing age.* 21st Century Glucosamine & Chondroitin Plus combines these nutritional elements in the proper amounts for your effective use.*

Directions: As a dietary supplement, take up to three (3) tablets daily with any meal, or as directed by your healthcare provider. Daily dosage may vary based on individual needs. Do not exceed recommended dosage.

WARNING: IF YOU ARE DIABETIC, CONSULT YOUR PHYSICIAN BEFORE USING THIS PRODUCT. If you have a Shellfish allergy, please consult your physician before using this product.

KEEP OUT OF REACH OF CHILDREN. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Sugar, Yeast, Preservatives or Artificial Flavors. **Gluten Free.**

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21ST
CENTURY®

Glucosamine & Chondroitin

Plus **HYALURONIC ACID + MSM**

MAXIMUM STRENGTH

COMPARE ACTIVE INGREDIENTS TO FLEX-A-MIN®†

DIETARY SUPPLEMENT **120** EASY TO SWALLOW
TABLETS

Supplement Facts

Serving Size: 3 Tablets
Servings Per Container: 40

Amount Per Serving	% DV
Calories Total	10
Sodium	115 mg 5%
Total Carbohydrate	2 g <1%
Dietary Fiber	1 g 4%
Glucosamine Hydrochloride	1.5 g 1500 mg **
Chondroitin Sulfate	1.2 g 1200 mg **
MSM (Methylsulfonylmethane)	500 mg **
Proprietary Blend (Silica & Hyaluronic Acid) as Sodium Hyaluronate	40 mg **

** Daily Value (DV) not established.

Other Ingredients: Cellulose, Silicon Dioxide, Polyplasdone, Polyvinyl Alcohol, Stearic Acid, Titanium Dioxide, Magnesium Stearate, PEG. This product contains glucosamine hydrochloride which is derived from shrimp and crab shells.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

