

Glucosamine is found in the soft cartilage, tendons and synovial fluid. Glucosamine Sulfate can help support joint and cartilage health.* 21ST Century offers the highest quality ingredients produced to strict standards for support of your good health.

Directions: As a dietary supplement, take one (1) tablet daily. If necessary increase to two (2) tablets daily, one in the morning and one after dinner, or as directed by a healthcare provider. Daily dosage may vary based on individual needs. Allow one week for best results. Do not exceed recommended dosage. Individual results may vary.

WARNING: IF YOU ARE DIABETIC CONSULT YOUR PHYSICIAN BEFORE USING THIS PRODUCT. If you have a Shellfish allergy please consult your physician before using this product.

Warning: Consult a healthcare provider prior to use if: pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Sugar, Salt, Yeast, Preservatives or Artificial Flavors.

**VALUE
SIZE**



DIETARY SUPPLEMENT

MAXIMUM STRENGTH

**Glucosamine
Relief®**

1000 mg

**“Maximum Strength Formula”
to Support Joints and Cartilage***

400 Tablets

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% DV
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Calcium (Calcium Carbonate)	99 mg 10%
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Glucosamine Sulfate • 2KCl	1000 mg **
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** Daily Value (DV) not established.

Other Ingredients: Cellulose, Stearic Acid, Polyplasdone, Magnesium Stearate, Titanium Dioxide, Polydextrose, Silicon Dioxide, PEG. **Contains shellfish (shrimp, crab, lobster, crayfish) ingredients.**

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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