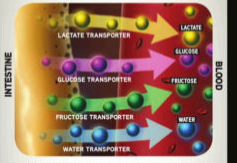
CYTOMAX® SPORTS PERFORMANCE MIX is designed to deliver energy quickly and efficiently. The ADVANCED CARBOHYDRATE SYSTEM (ACS), electrolytes, and AMINO ACID PEPTIDE BLEND in CYTOMAX provide nutrients to help hydrate, fuel working muscles, and spare muscle glycogen to delay fatigue.[1]

ACS and ENERGY TRANSPORTS

CYTOMAX provides 22 grams of carbohydrates from multiple sources utilizing the body's ability to transport and deliver energy (glucose, fructose and lactate) through unique pathways.[1]



The carbohydrate sources in Cytomax utilize the following pathways:
*Maltodextrin and Dextrose follow the **Glucose Pathway**;*
*Crystalline Fructose uses the **Fructose Pathway**;*
*alpha-L-Polylactate™ relies on the **Lactate Pathway**.*
*Water utilizes the **Aquaporin Pathway**[1].*

CARBOHYDRATES

✓ GLUCOSE
Glucose as maltodextrin and dextrose provides fuel for exercising muscles[1]

✓ FRUCTOSE
When consumed with glucose increases total carbohydrate oxidation rates[1]

✓ ALPHA-L-POLYLACTATE
Our proprietary, acid buffering fuel provides lactate energy for muscles[1]

ELECTROLYTES

THE ELECTROLYTES IN CYTOMAX HELP REPLACE THOSE LOST IN SWEAT[1]

✓ SODIUM AND POTASSIUM
Critical for muscle contractions and supporting fluid balance[1]

✓ MAGNESIUM
Necessary for energy metabolism[1]

AMINO ACID PEPTIDE BLEND

250mg (PER SERVING) FROM OUR BLEND OF PEPFORM® LEUCINE-ENRICHED WHEY PEPTIDES, L-GLUTAMINE AND L-ALANINE.

NOTE: THIS CONTAINER IS FILLED BY WEIGHT, NOT VOLUME, AND SOME SETTLING MAY OCCUR DURING SHIPPING. STORE IN A COOL, DRY PLACE TO AVOID CAKING. IF CAKING OCCURS, SIMPLY BREAK UP WITH A SPOON OR OTHER UTENSIL.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

REFERENCES: 1. COYLE ET AL. J APPL PHYSIOL 55:230-35 (1983); 2. FAHEY ET AL. INT'L J SPORT NUT 1:249-56 (1991); 3. MILLER ET AL. J PHYSIOL 544.3:963-75 (2002); 4. MILLER ET AL. AM J PHYSIOL ENDO METAB 283:E889-98 (2002); 5. AZEVEDO ET AL. PLOS ONE 2(9): E927 (2007); 6. KERSICK ET AL. J INT'L SOC SPORTS NUT 5:17 (2008).

BUILDING ATHLETES FROM THE INSIDE OUT™

ADVANCED CARBOHYDRATE SYSTEM acs alpha-L-Polylactate™

CYTOMAX®

SPORTS PERFORMANCE MIX

DIETARY SUPPLEMENT

TASTE SATISFACTION GUARANTEED

TROPICAL FRUIT

WITH OTHER NATURAL FLAVORS

Now with STEVIA

CytoSport

ESSENTIAL ELECTROLYTES† | RAPID & SUSTAINED ENERGY† | IMPROVES ENDURANCE†

NET WT 24 OZ (1.5 LBS/680g)

*FREE OF BANNED SUBSTANCES

NSF Certified for Sport™ www.nsf.org

PRE | DURING | POST

Supplement Facts

Serving Size 8 tsp (25g) (approx 1 scoop)
Servings Per Container approx 27

	Amount Per Serving	%DV*
Calories	90	
Total Carbohydrate	22g	**7%**
Sugars	12g	
Protein	<1g	
Vitamin C (as ascorbic acid)	60mg	**100%**
Calcium (as dicalcium phosphate, calcium succinate)	6mg	**1%**
Magnesium (as magnesium oxide, magnesium succinate)	14mg	**4%**
Chromium (as chromium chloride)	50mcg	**40%**
Sodium (as sodium citrate)	120mg	**5%**
Potassium (as potassium citrate, monopotassium phosphate, potassium succinate)	60mg	**2%**
Advanced Carbohydrate System (maltodextrin, crystalline fructose, dextrose, alpha-L-Polylactate)	22g	**
Amino Acid Peptide Blend (PepForm® leucine-enriched whey peptides, L-glutamine, L-alanine)	250mg	**

*Percent Daily Values (DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.
**Percent Daily Value not established.

FOR INFORMATION ON CYTOSPORT PRODUCTS OR TO REPORT ADVERSE EFFECTS CALL 1-888-298-6629 OR EMAIL PRODUCTQUESTIONS@CYTOSPORT.COM
CYTOSPORT, BENICIA, CA 94510
CYTOMAX.COM

GLUTEN FREE

INGREDIENTS ADVANCED CARBOHYDRATE SYSTEM (MALTODEXTRIN, CRYSTALLINE FRUCTOSE, DEXTROSE, ALPHA-L-POLYLACTATE), NATURAL FLAVORS, CITRIC ACID, SODIUM CITRATE, MALIC ACID, AMINO ACID PEPTIDE BLEND (WHEY PEPTIDES, L-GLUTAMINE, L-ALANINE), POTASSIUM CITRATE, ASCORBIC ACID, XANTHAN GUM, MAGNESIUM OXIDE, STEVIA EXTRACT, DICALCIUM PHOSPHATE, MONOPOTASSIUM PHOSPHATE, CARMINE (ADDED FOR COLOR), CHROMIUM CHLORIDE, SOY LECITHIN, CALCIUM SUCCINATE, MAGNESIUM SUCCINATE, POTASSIUM SUCCINATE.

CONTAINS INGREDIENTS DERIVED FROM MILK AND SOY.

THIS PRODUCT IS MANUFACTURED IN A FACILITY THAT PROCESSES MILK, SOY, WHEAT AND EGGS.

PEPFORM® IS A REGISTERED TRADEMARK OF GLANBIA PLC.

FUEL	ESSENTIAL ELECTROLYTES			
CARBS	SODIUM	POTASSIUM	CALCIUM	MAGNESIUM
22g	120mg	60mg	6mg	14mg

DIRECTIONS and USE

Begin drinking Cytomax 15 minutes prior to exercise. Continue drinking throughout exercise, consume 10-12 fl-oz. every 30 minutes, or as needed.

PLEASE RECYCLE

MADE IN USA

Our products are tested for athletic banned substances in compliance with the NSF International Certified for Sport® program, which includes semi-annual facility audits, verifying that no NSF 306-Certification Guideline Annex A List banned substances exist in our facility.

L-10350-REV07.01/13