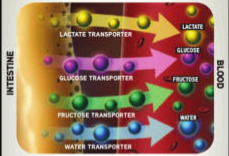
CYTOMAX® SPORTS PERFORMANCE MIX is designed to deliver energy quickly and efficiently. The **ADVANCED CARBOHYDRATE SYSTEM (ACS)**, electrolytes, and **AMINO ACID PEPTIDE BLEND** in **CYTOMAX** provide nutrients to help hydrate, fuel working muscles, and spare muscle glycogen to delay fatigue.[1]

ACS and ENERGY TRANSPORTS

CYTOMAX provides 22 grams of carbohydrates from multiple sources utilizing the body's ability to transport and deliver energy (glucose, fructose and lactate) through unique pathways.[1]



The carbohydrate sources in Cytomax utilize the following pathways:
*Maltodextrin and Dextrose follow the **Glucose Pathway**;*
*Crystalline Fructose uses the **Fructose Pathway**;*
*alpha-L-Polylactate™ relies on the **Lactate Pathway**.*
*Water utilizes the **Aquaporin Pathway**[1].*

CARBOHYDRATES

✔ GLUCOSE
Glucose as maltodextrin and dextrose provides fuel for exercising muscles[1]

✔ FRUCTOSE
When consumed with glucose increases total carbohydrate oxidation rates[1]

✔ ALPHA-L-POLYLACTATE
Our proprietary, acid buffering fuel provides lactate energy for muscles[1]

ELECTROLYTES

THE ELECTROLYTES IN CYTOMAX HELP REPLACE THOSE LOST IN SWEAT[1]

✔ SODIUM AND POTASSIUM
Critical for muscle contractions and supporting fluid balance[1]

✔ MAGNESIUM
Necessary for energy metabolism[1]

AMINO ACID PEPTIDE BLEND

250mg (PER SERVING) FROM OUR BLEND OF PEPFORM® LEUCINE-ENRICHED WHEY PEPTIDES, L-GLUTAMINE AND L-ALANINE.

NOTE: THIS CONTAINER IS FILLED BY WEIGHT, NOT VOLUME, AND SOME SETTLING MAY OCCUR DURING SHIPPING. STORE IN A COOL, DRY PLACE TO AVOID CAKING. IF CAKING OCCURS, SIMPLY BREAK UP WITH A SPOON OR OTHER UTENSIL.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

REFERENCES: 1. COYLE ET AL. J APPL PHYSIOL 55:230-35 (1983); 2. FAHEY ET AL. INT'L J SPORT NUT 1:240-58 (1991); 3. MILLER ET AL. J PHYSIOL 544.3:963-75 (2002); 4. MILLER ET AL. AM J PHYSIOL ENDO METAB 283:E889-98 (2002); 5. AZEVEDO ET AL. PLOS ONE 2(9): E927 (2007); 6. KERSICK ET AL. J INT'L SOC SPORTS NUT 5:17 (2008).

BUILDING ATHLETES FROM THE INSIDE OUT™

ADVANCED CARBOHYDRATE SYSTEM acs Alpha-L-Polylactate™

CYTOMAX®

CytoSport

SPORTS PERFORMANCE MIX

DIETARY SUPPLEMENT

TASTE SATISFACTION GUARANTEED

COOL CITRUS

WITH OTHER NATURAL FLAVORS

Now with **STEVIA**

ESSENTIAL ELECTROLYTES† | RAPID & SUSTAINED ENERGY† | IMPROVES ENDURANCE†

NET WT 24 OZ (1.5 LBS/680g)

*FREE OF BANNED SUBSTANCES

NSF Certified for Sport™ www.nsf.org

PRE | DURING | POST

Supplement Facts

Serving Size 8 tsp (25g) (approx 1 scoop)
Servings Per Container approx 27

	Amount Per Serving	%DV*
Calories	90	
Total Carbohydrate	22g	7%
Sugars	12g	
Protein	<1g	
Vitamin C (as ascorbic acid)	60mg	100%
Calcium (as dicalcium phosphate, calcium succinate)	6mg	1%
Magnesium (as magnesium oxide, magnesium succinate)	14mg	4%
Chromium (as chromium chloride)	50mcg	40%
Sodium (as sodium citrate)	120mg	5%
Potassium (as potassium citrate, monopotassium phosphate, potassium succinate)	60mg	2%
Advanced Carbohydrate System (maltodextrin, crystalline fructose, dextrose, alpha-L-Polylactate)	22g	**
Amino Acid Peptide Blend (PepForm® leucine-enriched whey peptides, L-glutamine, L-alanine)	250mg	**

*Percent Daily Values (DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.
**Percent Daily Value not established.

INGREDIENTS ADVANCED CARBOHYDRATE SYSTEM (MALTODEXTRIN, CRYSTALLINE FRUCTOSE, DEXTROSE, ALPHA-L-POLYLACTATE), CITRIC ACID, SODIUM CITRATE, NATURAL FLAVORS, AMINO ACID PEPTIDE BLEND (WHEY PEPTIDES, L-GLUTAMINE, L-ALANINE), MALIC ACID, POTASSIUM CITRATE, ASCORBIC ACID, XANTHAN GUM, MAGNESIUM OXIDE, TURMERIC POWDER (ADDED FOR COLOR), STEVIA EXTRACT, DICALCIUM PHOSPHATE, MONOPOTASSIUM PHOSPHATE, CHROMIUM CHLORIDE, SOY LECITHIN, CALCIUM SUCCINATE, MAGNESIUM SUCCINATE, POTASSIUM SUCCINATE.

CONTAINS INGREDIENTS DERIVED FROM MILK AND SOY.

THIS PRODUCT IS MANUFACTURED IN A FACILITY THAT PROCESSES MILK, SOY, WHEAT AND EGGS.

PEPFORM® IS A REGISTERED TRADEMARK OF GLANBIA PLC.

FUEL | ESSENTIAL ELECTROLYTES

CARBS	SODIUM	POTASSIUM	CALCIUM	MAGNESIUM
22g	120mg	60mg	6mg	14mg

DIRECTIONS and USE

Begin drinking Cytomax 15 minutes prior to exercise. Continue drinking throughout exercise, consume 10–12 fl-oz. every 30 minutes, or as needed.

RECYCLE | MADE IN USA

**Our products are tested for athletic banned substances in compliance with the NSF International Certified for Sport® program, which includes semi-annual facility audits, verifying that no NSF 306-Certification Guideline Annex A List banned substances exist in our facility.*

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FOR INFORMATION ON CYTOSPORT PRODUCTS OR TO REPORT ADVERSE EFFECTS CALL 1-888-298-6629 OR EMAIL PRODUCTQUESTIONS@CYTOSPORT.COM
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CYTOMAX.COM

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GLUTEN FREE