

Glucosamine is found in the soft cartilage, tendons and synovial fluid. Glucosamine Hydrochloride can help support joint and cartilage health.* Plus the added Vitamin D₃ supports bone strength and your immune system.*

Directions: As a dietary supplement, take one (1) tablet daily after meals, or as directed by your healthcare provider. Do not exceed recommended dosage. Individual results may vary.

WARNING: IF YOU ARE DIABETIC, CONSULT YOUR PHYSICIAN BEFORE USING THIS PRODUCT. If you have a Shellfish allergy please consult your physician before using this product.

Warning: Consult a healthcare provider prior to use if: pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No Sugar, Artificial Flavors or Preservatives. **Gluten Free.**

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

†Osteo Bi-Flex® One Per Day+D is a registered trademark of Rexall Sundown, Inc., Boca Raton, FL 33487 USA

**21ST
CENTURY®**

Glucosamine DAILY COMPLEX

Advanced Joint Care*

COMPARE ACTIVE INGREDIENTS TO
OSTEO BI-FLEX®
ONE PER DAY+D†

DIETARY SUPPLEMENT

**ONE PER DAY
+Vitamin D₃**

**60 COATED
TABLETS**

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving		% DV
Calories	10	
Total Carbohydrate	2 g	<1%**
Vitamin D ₃ (as Cholecalciferol)	400 IU	100%
Glucosamine HCl	1,500 mg	(1.5g)***
Boswellia serrata Extract	100 mg	***

** Percent Daily Value (DV) based on a 2,000 calorie diet.

*** Daily Value not established.

Other Ingredients: Cellulose, Stearic Acid, Polyvinyl Alcohol, Titanium Dioxide, Magnesium Stearate, PEG, Croscarmellose Sodium, Talc, Silicon Dioxide.
Contains shellfish (shrimp, crab, crayfish) ingredients.

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