

• HEALTHY SLEEP[†] • RECOVERY[†] • STRENGTH[†] • ENDURANCE[†] • HEALTHY SLEEP[†] • RECOVERY[†] • STRENGTH[†] • ENDURANCE[†]

TMRFIT SERIES

CLEAN

Trace Minerals



RESEARCH



LIQUID
ZMA

SUPERCHARGED WITH CONCENTRACE®
NO ARTIFICIAL COLORS, FLAVORS, OR SWEETENERS



HEALTHY
SLEEP[†]



RECOVERY[†]



STRENGTH[†]



ENDURANCE[†]

NON-GMO

**NATURAL BERRY
FLAVOR**

liqui**mins**™

30 FL OZ (887 mL) • DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 tbsp. (30mL); 2 tbsp. = 1 capful
Servings Per Container 30

Amount Per Serving		%DV
Calories	50	
Total Carbohydrate	11g	4%*
Sugars	0g	
Vitamin B6 (as Pyridoxine HCl)	11mg	550%
Magnesium (from Magnesium Aspartate, Concentrace®)	450mg	113%
Zinc (as Zinc Aspartate)	30mg	200%
Concentrace® (Ionic Trace Minerals)	200mg	**
A complex of over 72 naturally occurring ionic trace minerals from the Great Salt Lake.		

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

** Daily Value (DV) not established.

Other Ingredients: Purified water, natural vegetable glycerin, citric acid, natural berry flavor, stevia leaf extract, xanthan gum, potassium sorbate, potassium benzoate. **NON-GMO. CERTIFIED VEGAN.**

Allergen Info: contains no known allergens. **GLUTEN FREE.**

cGMP



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† These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

ZMA with Concentrace® helps support healthy sleep, recovery, strength, and endurance.[†] It's part of our **TMRFIT SERIES** of training products and has been carefully formulated for those who know why eating clean and supplementing clean is essential for peak training at any level. Whether you're a weekend warrior, training for a competitive sport, or simply working out at the gym, you can trust that all products in our **TMRFIT SERIES** are free of artificial sweeteners, colors, and flavors, and are non-GMO. Plus, each product is supercharged with over 72 electrolytes from Concentrace® to help support hydration and nutrient assimilation.[†]

HEALTHY SLEEP - Some of the most important recovery after intense exercise occurs during sleep. Magnesium's role in the body is to help relax the muscles, which is particularly important for deep sleep when muscle repair and recovery occurs.[†]

RECOVERY - When the body has healthy levels of zinc and magnesium, it can properly rest, repair, and recover, which helps prevent prolonged exhaustion.[†]

STRENGTH - Studies have shown a correlation between healthy levels of zinc and magnesium to the body's ability to produce testosterone, making these minerals essential for greater gains, and for anyone wanting to build muscle or burn fat.[†]

ENDURANCE - Maintaining healthy zinc levels in the body has been shown to support muscle endurance and healthy testosterone levels.[†]

Suggested Use: *Shake well.* Mix 2 tbsp. with a glass of water or take straight if desired. Take serving within an hour of bedtime. Rinse cap after each use. **Refrigerate after opening.**

Concentrace® is a trade name for concentrated sea minerals from the Great Salt Lake.

r-M2Y15

ZMA 30 oz



LOT#BEST BY DATE

OTHER TMRFIT
PRODUCTS!
**PRE
WORKOUT
POST
WORKOUT**