

Compare  
Active Ingredients to  
**OS•CAL®**  
**CALCIUM+D<sub>3</sub>†**

**21<sup>ST</sup>**  
**CENTURY®**

**CALCIUM SUPPLEMENT**

# Calcium

## 500 + D<sub>3</sub>

**200**  
TABLETS

- *Support for Bone Health\**
- *Easy to Swallow*

**500mg**  
Calcium  
**200 IU**  
Vitamin D<sub>3</sub>

### Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving		% DV
Vitamin D <sub>3</sub> (as Cholecalciferol)	200 IU	50%
Calcium (from Oyster Shell)	500 mg	50%

Percent Daily Value (DV).

Other Ingredients: Cellulose, Croscarmellose Sodium, Polyvinyl Alcohol, Stearic Acid, Titanium Dioxide, PEG, Talc, Magnesium Stearate, Artificial Colors (FD&C Blue #1, FD&C Yellow #5). **Contains a shellfish ingredient (oyster shell).**

*\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*

PROUDLY MANUFACTURED BY  
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Calcium is an important mineral for supporting bone health.\* Calcium also works to support muscle and nerve function.\* Vitamin D<sub>3</sub> is added to assist with Calcium absorption and as support for the immune system.\* Adequate Calcium and Vitamin D<sub>3</sub> as part of a healthful diet, along with physical activity, may reduce the risk of osteoporosis in later life.

**Directions:** As a calcium supplement, take one (1) tablet twice daily with any meal or as directed by your healthcare provider. Do not exceed recommended dosage. Individual results may vary.

**Warning:** Consult a healthcare provider prior to use if: pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

**Keep out of reach of children.** Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Sugar, Yeast, Preservatives or Artificial Flavors.

†Os-Cal® is a registered trademark of GlaxoSmithKline, Pittsburgh, PA 15230

