



DIETARY SUPPLEMENT

OMEGA 3-6-9

SUPER VALUE

Flaxseed Oil

1000 mg

Support for Heart and
Cardiovascular Health*

120 Softgels

Supplement Facts

Serving Size: 1 Softgel

Amount Per Serving	% DV
Calories	10
Calories from Fat	10
Total Fat	1 g 2%†
Flaxseed Oil	1000 mg **
Containing not less than:	
500 mg Alpha Linolenic Acid (Omega-3)	
123 mg Linoleic Acid (Omega-6)	
126 mg Oleic Acid (Omega-9)	

** Daily Value (DV) not established.

†Percent Daily Value (DV) based on 2,000 calorie diet.

Other Ingredients: Gelatin, Glycerin, Purified Water.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Flaxseed Oil 1000 mg

Flaxseed Oil, derived from the flax plant, is one of the best sources of Omega-3 fatty acids. Omega-3 fatty acids support heart and cardiovascular health.* 21st Century offers the highest quality ingredients produced to strict standards for support of your good health.

Directions: As a dietary supplement, take one (1) softgel twice daily with any meal or as directed by your healthcare provider. Do not exceed recommended dosage. Individual results may vary.

Warning: Consult a healthcare provider prior to use if: pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

Keep out of reach of children. Do not use if product appears to be tampered with or seal is broken. Store at room temperature.

No added Sugar, Salt, Yeast, Preservatives, Artificial Flavors or Colors. **Gluten Free.**

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