

60-DAY  
SUPPLY!



THE ORIGINAL FOOD-BASED MULTI

# Electro-Vita-Min DAILY 5

- ✓ Vitamins
- ✓ Minerals
- ✓ Enzymes
- ✓ Omegas
- ✓ Green Foods

*A complete daily multi to help maintain optimum health & energy.†*

180 tablets • DIETARY SUPPLEMENT

Certified  
Vegetarian  
Gluten Free

## Supplement Facts

Serving Size 3 Tablets  
Servings Per Container 60

| Amount Per Serving                               | %DV          |
|--------------------------------------------------|--------------|
| Calories                                         | 5            |
| Total Carbohydrate                               | 1 g <1%*     |
| Dietary Fiber                                    | 1 g 3%*      |
| Vitamin A (as Retinyl Palmitate, Beta Carotene)  | 2500 IU 50%  |
| Vitamin C (as Ascorbic Acid)                     | 60 mg 100%   |
| Vitamin D3 (as Cholecalciferol)                  | 400 IU 100%  |
| Vitamin E (as D-Alpha Tocopherol Acid Succinate) | 30 IU 100%   |
| Vitamin K (as Phylloquinone)                     | 80 mcg 100%  |
| Thiamin (as Thiamin HCl)                         | 3 mg 200%    |
| Riboflavin                                       | 2.55 mg 150% |
| Niacin (as Niacin & Nicotinamide)                | 30 mg 150%   |
| Vitamin B6 (as Pyridoxine HCl)                   | 3 mg 150%    |
| Folic Acid                                       | 400 mcg 100% |
| Vitamin B12 (as Cyanocobalamin)                  | 6 mcg 100%   |
| Biotin                                           | 600 mcg 200% |
| Pantothenic Acid (as D-Calcium Pantothenate)     | 15 mg 150%   |
| Calcium (as Calcium Carbonate)                   | 160 mg 10%   |
| Iron (as Ferrous Fumarate/Amino Acid Chelate)    | 9 mg 50%     |
| Magnesium (from Concentrace™, Mag. Oxide)        | 150 mg 88%   |
| Zinc (as Zinc Citrate, Zinc Sulfate)             | 13.5 mg 90%  |
| Selenium (as Selenium Amino Acid Chelate)        | 35 mcg 50%   |
| Copper (as Copper Gluconate)                     | 1 mg 50%     |
| Manganese (as Manganese Amino Acid Chelate)      | 1 mg 50%     |
| Chromium (as Chromium Polynicotinate)            | 60 mcg 50%   |

LOT#  
BEST BY DATE

| Amount Per Serving                                                                                                                                                                                           | %DV        |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|
| Chloride (as Potassium Chloride, Concentrace™)                                                                                                                                                               | 800 mg 24% |
| Sodium (from Concentrace™, Sodium Citrate)                                                                                                                                                                   | 20 mg 1%   |
| Potassium (as Potassium Chloride, Pot. Citrate)                                                                                                                                                              | 100 mg 3%  |
| Low-Sodium Concentrace™                                                                                                                                                                                      | 2.5 g †    |
| A complex of over 72 naturally occurring ionic trace minerals from the Great Salt Lake. Equivalent to 1/3 tsp. Concentrace™.                                                                                 |            |
| Herbal Blend & Food Base                                                                                                                                                                                     | 230 mg †   |
| Aloha Leaf, Acerola Cherry fruit extract, Chlorella Algae, Spirulina, Wheat Grass, Kelp, Citrus Bioflavonoids Complex (10% Bioflavonoids), Rose Hips, Chlorophyllin Copper Complex Sodium, Yellow Dock root. |            |
| Enzyme Complex                                                                                                                                                                                               | 150 mg †   |
| Total standardized enzymes: Papain, Amylase, Lipase, Protease, Cellulase, Bromelain.                                                                                                                         |            |
| Organic Flax Seed Powder                                                                                                                                                                                     | 120 mg †   |
| Containing Omega 3-6-9 Essential Fatty Acids                                                                                                                                                                 |            |
| Sulfate (from Concentrace™, Zinc Sulfate)                                                                                                                                                                    | 100 mg †   |
| PABA (Para-Aminobenzoic Acid)                                                                                                                                                                                | 10 mg †    |
| Choline (as Bitartrate)                                                                                                                                                                                      | 5 mg †     |
| Inositol                                                                                                                                                                                                     | 5 mg †     |
| Boron (from Boron Citrate, Concentrace™)                                                                                                                                                                     | 2.5 mg †   |

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.  
†Daily Value (DV) not established.

**Other Ingredients:** Stearic acid, microcrystalline cellulose, croscarmellose sodium, magnesium stearate, silicon dioxide. **CERTIFIED VEGETARIAN.**

**Allergen Info:** contains no known allergens. **GLUTEN FREE.**

Electro-Vita-Min is the original food-based multi with over 25 years on the market! It is formulated to provide a complete synergistic blend of essential vitamins, minerals, green foods, omega fatty acids and enzymes that have been supercharged with over 72 naturally occurring ionic trace minerals from Concentrace™ to help maintain optimum health and energy.†

**Suggested Use:** 1-3 tablets per day divided with meals. Take 3 tablets for optimum benefits.

ConcenTrace™ is a trade name for concentrated sea minerals from the Great Salt Lake.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Trace Minerals Research  
P.O. Box 429  
Roy, Utah 84067  
www.traceminerals.com  
801-731-6051



**cGMP**  
r-M12Y14

