



**Directions:** For adults, take one (1) tablet daily, preferably with a meal.

### Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Vitamin C (as Ester-C® Calcium Ascorbate)	1,000 mg (1 g) 1,667%
Vitamin D (as D3 Cholecalciferol)	5,000 IU 1,250%
Calcium	111 mg 11%

**Other Ingredients:** Vegetable Cellulose, Calcium Silicate, Vegetable Magnesium Stearate.

**No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Egg, No Grapefruit, No Sugar, No Preservatives, No Artificial Color, No Artificial Flavor, No Sodium.**

#### Non-GMO

**WARNING:** If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Ester-C®**, Ester-C® and The Better Vitamin C® are licensed TMs of The Ester C Company. U.S. Pat. Nos. 6,197,813 and 6,878,744.

Carefully Manufactured by  
AMERICAN HEALTH, INC.  
Ronkonkoma, NY 11779 U.S.A.  
866-666-8576  
www.AmericanHealthUS.com  
© 2011 American Health, Inc.

B34710

34710 B34710 01A



0 76630 34710 5

### The Ester-C® with D3 Bone & Immune Health Complex Difference\*:

- The nutritional advantage of a dual-action formula in a once daily complex
- Active immune system support of pH-neutral, non-acidic Ester-C®\*
- High-potency 5,000 IU delivery of Vitamin D3, a potent and bio-available form of Vitamin D
- Adequate Vitamin D intake has been shown to help maintain healthy bone density measures
- Promotes Calcium and Phosphorus absorption, the building blocks of strong bones and teeth\*



### Ester-C® The Better Vitamin C®

Patented Ester-C® increases levels of Vitamin C in the body, getting into white blood cells, an important part of your body's immune system.\* In addition, Ester-C® is buffered and non-acidic, so it stays gentle on the digestive system.\* Once daily Ester-C® has your immune health covered.\* It supports circulation, is beneficial to joints and connective tissues, helps reduce the premature aging of metabolic cells, and forms the basis of healthy hair, skin and nails.\* Helping to neutralize free radicals, Ester-C® also aids in nutritional absorption.\*

### Non-Acidic

AMERICAN HEALTH®

# Ester-C®

with D3

### BONE & IMMUNE HEALTH COMPLEX\*



**1000 mg**  
Non-Acidic Ester-C®

**5000 IU**  
Vitamin D3

**PATENTED ESTER-C®**  
UNIQUE GENTLE  
FORM OF VITAMIN C

**ONCE DAILY**

**60 TABLETS**

DIETARY SUPPLEMENT

Today, Vitamin D is considered more important than ever. Vitamin D3, a potent and bio-available form of Vitamin D, plays an active role in the absorption of Calcium and Phosphorus, the building blocks of bone health.\* With concern about the damage of long term sun exposure, many of us are not getting the Vitamin D we need from natural sunlight. Non-Acidic Ester-C® with D3 Bone & Immune Health Complex combines the advanced active immune system support of pH-neutral Ester-C® Vitamin C with high-potency (5,000 IU) Vitamin D3 in a once daily formula.\* Ester-C® with D3 delivers over 10x the recommended daily level of Vitamin D, in a form that closely mirrors the Vitamin D our body naturally produces.\*

The body produces Vitamin D directly from sunlight, and uses it to better absorb Calcium.\* If you're not getting enough Vitamin D every day, you may not be able to adequately absorb Calcium from the foods you eat. Your body will then seek out other sources of Calcium including the bone itself, which can impact bone density.\* Ester-C® with D3 Bone & Immune Health Complex provides a smart, healthy way to receive the benefits of a high-potency Vitamin D3 supplement along with the advanced active immune system support of Ester-C®.\*

Part No. 22-34710

200-PET-CRC-F-B1701