

Omega 3 Mood® is scientifically formulated to support emotional health, brain health and mood.*** This is the highest EPA formula product that Country Life offers. Two softgels contain 2,000 mg of fish oil concentrate and 1,000 mg of EPA. The EPA comes from fish oil, derived from anchovy, sardine, mackerel, herring, salmon, and tuna. It has been processed using molecular distillation to ensure its purity and contains no trans fatty acids. Country Life's Omega 3 Mood® is made according to high quality and exacting standards.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES	CERTIFIED GLUTEN FREE BY GFCO.ORG	NO	YEAST, WHEAT OR CORN
YES	RECYCLABLE PACKAGING	NO	MILK, SALT OR SUGAR
YES	MANUFACTURING SUPPORTS WIND POWER	NO	ARTIFICIAL COLORS, FLAVORS OR SWEETENERS
		NO	PRESERVATIVES
		NO	MAGNESIUM STEARATE OR GMOs

This product has been manufactured at a GMP registered facility.
CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.
 Do not accept if seal is broken. Store between 59°-86° F.
 Keep out of the reach of children.

Lot No:

Best by:



OMEGA 3 MOOD®

1,000 mg of EPA
per serving

Certified Gluten-Free

Helps Support:

- Emotional Health***
- Brain Health***
- Now! - Natural Lemon Flavored!



2 softgels provide:

Fish Oil - 2000 mg
Concentrate

Dietary Supplement **180** Softgels

Our **PLEDGE of INTEGRITY**
 AUTHENTICITY • CLEANLINESS • FRESHNESS
 CONSISTENCY • ACCURACY



Directions: Adults take two (2) softgels per day. For best utilization take with food. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 softgels
 Servings Per Container 90

Amount Per Serving		% Daily Value
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%*
Saturated Fat	0 g	0%*
Monounsaturated Fat	0.5 g	**
Polysaturated Fat	1.5 g	**
Cholesterol	20 mg	7%*
Protein	0.5 g	1%*
Vitamin E (as d-alpha tocopherol)	20 IU	67%
Fish Oil Concentrate providing:	2,000 mg (2 g)	**
EPA (Eicosapentaenoic Acid) (Omega 3)	1,000 mg (1 g)	**
DHA (Docosahexaenoic Acid) (Omega 3)	150 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Gelatin, glycerin, purified water (capsule shell), natural lemon flavor. Contains fish (anchovy, sardine, mackerel, herring, salmon, tuna) 100% bovine gelatin, BSE-free.

Manufactured for Country Life, LLC
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 CountryLifeVitamins.com
 Product No. 4121
 PRODUCT OF USA