

Omega 3 Mood® is scientifically formulated to support emotional health, brain health and mood.*** This is the highest EPA formula product that Country Life offers. Two softgels contain 2,000 mg of fish oil concentrate and 1,000 mg of EPA.

The EPA comes from fish oil, derived from anchovy, sardine, mackerel, herring, salmon, and tuna. It has been processed using molecular distillation to ensure its purity and contains no trans fatty acids. Country Life's Omega 3 Mood® is made according to high quality and exacting standards.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED GLUTEN FREE BY GFCO.ORG
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS
WIND POWER

NO YEAST, WHEAT OR CORN
NO MILK, SALT OR SUGAR
NO ARTIFICIAL COLORS, FLAVORS
OR SWEETENERS
NO PRESERVATIVES
NO MAGNESIUM STEARATE OR GMOs

This product has been manufactured at a GMP registered facility.

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Do not accept if seal is broken. Store between 59°-86° F.
Keep out of the reach of children.

Lot No:

Best by:



OMEGA 3 MOOD®

1,000 mg of EPA
per serving

Certified Gluten-Free

Helps Support:

- Emotional Health***
- Brain Health***
- Now! - Natural Lemon Flavored!



2 softgels provide:

Fish Oil - 2000 mg
Concentrate

Dietary Supplement **90** Softgels

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY



Directions: Adults take two (2) softgels per day. For best utilization take with food. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 softgels
Servings Per Container 45

Amount Per Serving	% Daily Value
Calories	20
Calories from Fat	20
Total Fat	2 g 3%*
Saturated Fat	0 g 0%*
Monounsaturated Fat	0.5 g **
Polyunsaturated Fat	1.5 g **
Cholesterol	20 mg 7%*
Protein	0.5 g 1%*
Vitamin E (as d-alpha tocopherol)	20 I.U. 67%
Fish Oil Concentrate providing:	2,000 mg (2 g) **
EPA (Eicosapentaenoic Acid) (Omega 3)	1,000 mg (1 g) **
DHA (Docosahexaenoic Acid) (Omega 3)	150 mg **

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Gelatin, glycerin, purified water (capsule shell), natural lemon flavor. Contains fish (anchovy, sardine, mackerel, herring, salmon, tuna) 100% bovine gelatin, BSE-free.

Manufactured for Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com
Product No. 4120
PRODUCT OF USA