DIRECTIONS & USE

MIX 1 SCOOP (33g) INTO 8 FL-OZ WATER



Mix 1 scoop (33g) of Monster Isolate™ with 8 fl-oz of water. Monster Isolate™ can be used either before workouts, after workouts or prior to bedtime.

> Individual nutritional requirements vary depending on gender, body weight, level of activity and exercise/training intensity. This product complements a smart eating and hydration plan that, in conjunction with a balanced exercise program, may contribute to weight management and recovery from exercise. During exercise and use, maintain an adequate state of hydration.†

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

25G PROTEIN

Monster Isolate™ is a healthy way to get the protein you need to aid exercise recovery and muscle growth.†



*FREE OF BANNED SUBSTANCES CONTAMINANTS. nsfsport.com

NSF screens supplements for more than 200 substances banned by most major athletic organizations. The main components of NSF certification program are label claim review, a toxicology review to certify the formulation and contaminant review to ensure against



WHAT DO YOU STAND FOR?

We stand for truth, power and unyielding support of athletic lifestyles. This is our unwavering commitment to quality. A symbol to carry and support you before, during and after training or competition. 🔀 stands for TRUTH: fully disclosed nutritional ingredients and no proprietary blends; POWER: efficacious formulations that enhance your performance; LIFE: inspiration you need to achieve your lifelong goals. Because truth is power, power is performance and performance changes lives.

WHAT ARE YOU GETTING? CHECK THIS OUT...

PROTEIN

isolate which is naturally rich in glutamine and the branchedchain amino acids (isoleucine, FROM WHEY PROTEIN ISOLATE leucine and valine).

BCAAs muscle growth.†

When used as part of your workout recovery the BCAAs can help promote

100% of the 25g of protein comes from one source - whey protein L-LEUCINE FROM WHEY PROTEIN ISOLATE

This amino acid helps stimulate muscle protein synthesis at the

NET WT 4.4 LBS (2000G)

▶ PREPARE **TRAIN PRECOVER**

WHEY PROTEIN ISOLATE

SUPPLEMENT MIX

VANILLA

NATURALLY AND ARTIFICIALLY FLAVORED



Supplement Facts

Serving Size 1 scoop (33g) Servings Per Container About 60

	Amount Per Serving	%D\
Calories	130	
Calories from Fat	15	
Total Fat	1.5 g	2%
Cholesterol	10 mg	3%
Total Carbohydrate	3 g	19
Dietary Fiber	1 g	4%
Sugars	<1 g	
Protein	25 g	50%
Calcium	100 mg	10
Phosphorus	60 mg	6
Sodium	80 mg	3
Potassium	420 mg	12
* Percent Daily Value (DV) hased on a 2 000 calorie diet		

**Percent Daily Value (DV) not established.

INGREDIENTS: Whey Protein Isolate (Milk), Non-Dairy Creamer (Sunflower Oil, Maltodextrin, Sodium Caseinate (A Milk Derivative), Mono- and Diglycerides, Natural Tocopherols), Oat Fiber, Natural and Artificial Flavors, Potassium Chloride, Soy Lecithin, Xanthan Gum, Acesulfame Potassium, Sucralose, Silicon Dioxide (Anti-caking Agent).

Manufactured by CytoSport, Inc., Benicia, CA 94510

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



For Information on CytoSport ffects call 1-888-298-6629 or email ©2015 CytoSport, Inc.



